

SOUTHERN CROSS COUNTRY

2018



SCHOOL FACTS & INFORMATION

Southern Regional School District

90 Cedar Bridge Road
Manahawkin, NJ 08050
609-597-9481
www.srsd.net

Superintendent	Mr. Craig Henry
Assisant Superintendent	Mrs. Megan Vile
Principal	Mr. Eric Wilhelm
Assistant Principal	Mrs. Susan Craig
Assistant Principal	Mr. Joseph Medica
Assistant Principal	Mr. Joseph DiPietro
Assistant Principal	Dr. Richard Falleta
Athletic Director	Mr. Charles Donohue, Jr.
Athletic Trainer	Mr. Nicholas Scaramazza
School Mascot/NickName	The "Rams" / Rams
School Colors	Black & Gold

ROSTER

HEAD COACH: SCOTT BAKER

ASSISTANT COACH: KENDRICK KEOUGH

SENIORS

DAMATO, JAKE
FLAHERTY, RYAN
FORTE, EVAN
JOHNSTON, TJ

MENDEZ, JUSTIN
MIDDLETON, TREVOR
PELUSIO, SPENCER
PIERRO, MATTHEW

SCHAUB, MARTY
SHACKELTON, MIKE
SKODI, SAM
THALER, ERIC

VAN LIEW, DILLON
WATSON, BROOKS

JUNIORS

BATES, DEAN
BOERO, COLLIN
DAVIS, RYAN
DURNIEN, CONOR

GOETZ, PATRICK
JANI, JAYANT
KLUNK, DEAN
LABELLE, RYAN

LEMLEY, NICK
LIETER, KEONI
MICCICHE, LUCAS
MONTERROSA, CHRISTIAN

OTT, RYAN
RECK, ALEX

SOPHOMORES

BATES, DYLAN
BRADDOCK, JACKSON
CHANDA, MICHAEL
D'AMELIO, NUNZIO
DEHART, KEVIN

DESIDERIO, NICK
GNAGEY, AARON
GUZEWICZ, NICK
HILLE, JT
KILCOMMONS, BRIAN

MASTANDREA, JOHN
OLKOWSKI, THOMAS
PELUSIO, BRADEN
RAYLMAN, NICHOLAS
SARI, DOMINIC

SINCAVAGE, TIMOTHY
SIRISKY, JADEN
VAN LIEW, LOGAN

FRESHMAN

ADAMS, JEREMY
BATES, GAVIN
BISCHOFF, KELLEN
BISCHOFF, NATHANIEL
CALSYN, AIDAN

CRUZ-BRAVO, JAVIER
HARRISON, JAKE
KEYES, MIKEY
LUM, GAVIN
MANZELLA, KAI

MATHEWS, JACK
MCKENNA, DANIEL
PACO, DAVID
PISZAR, JACK
REESE, BAYLOR

SININSKY, RYAN
SININSKY, TYLER
SMITH, JOSH
STEFANSKI, DAVIS

SEASON ACCOLADES

DIVISIONAL MEET

- VARSITY
 - 2ND IN A-SOUTH
- JUNIOR VARSITY:
 - A-SOUTH CHAMPIONS
 - SHUT OUT MANY OTHER JV TEAMS

OCEAN COUNTY MEET

- VARSITY: 5TH PLACE
- JUNIOR VARSITY: 1ST PLACE
- FRESHMAN: 1ST PLACE

SHORE CONFERENCE MEET

- VARSITY: DNR
- JUNIOR VARSITY A: 8TH PLACE
- JUNIOR VARSITY B: 1ST PLACE
- FRESHMAN: 2ND PLACE

STATE SECTIONAL MEET

- VARSITY: 14TH PLACE

STATE GROUP MEET

- VARSITY: FAILED TO QUALIFY

STATE MEET OF CHAMPIONS

- VARSITY: FAILED TO QUALIFY

AWARDS



LETTER AWARDS

4th Year Varsity

Thaler, Eric

3rd Year Varsity

Forte, Evan
Middleton, Trevor
Van Liew, Dillon
Bates, Dean

Boero, Collin
Jani, Jayant
Lemley, Nick
Lieter, Keoni

2nd Year Varsity

Flaherty, Ryan
Pelusio, Spencer
Pierro, Matthew
Goetz, Patrick
LaBelle, Ryan

Ott, Ryan
Reck, Alex
Bates, Dylan
Braddock, Jackson
Chanda, Michael

Mastandrea, John
Sincavage, Timothy
Van Liew, Logan

1st Year Varsity

Damato, Jake
Johnston, Thomas
Mendez, Justin
Schaub, Marty
Shackelton, Mike

Skodi, Sam
Watson, Brooks
Davis, Ryan
D'Amelio, Nunzio
Gnagey, Aaron

Guzewicz, Nick
Olkowski, Thomas
Bates, Gavin
Harrison, Jake
Keyes, Mikey

Mathews, Jack
McKenna, Daniel
Reese, Baylor
Sininsky, Ryan
Sininsky, Tyler

Honorary Varsity

Monterrosa, Christian

Junior Varsity

Durnien, Conor
Klunk, Dean
Micciche, Lucas
DeHart, Kevin
Desiderio, Nick
Hille, JT

Kilcommons, Brian
Pelusio, Braden
Raylman, Nicholas
Sari, Dominic
Sirisky, Jaden
Adams, Jeremy

Bischoff, Kellen
Bischoff, Nathaniel
Calsyn, Aidan
Cruz-Bravo, Javier
Lum, Gavin
Manzella, Kai

Paco, David
Piszar, Jack
Smith, Josh
Stefanski, Davis



SPECIAL AWARDS

Rising Star Award

'rīziNG stār - *noun*

A person who is quickly becoming popular, successful, etc.

Synonyms: achiever, doer, go-getter, palpable presence, spark plug, up-and-comer.

Reese, Baylor

True Grit Award

troō grit - *noun*

Courage and resolve; strength of character.

Synonyms: courage, bravery, pluck, mettle, backbone, spirit, strength of character.

DeHart, Kevin

Perseverance Award

per·se·ver·ance - *noun*

Steadfastness in doing something despite difficulty or delay in achieving success.

Synonyms: persistence, tenacity, determination, staying power, steadfastness, purposefulness.

Lieter, Keoni

Lionheart Award

li·on·heart·ed - *adjective*

Brave and determined.

Synonyms: brave, courageous, valiant, gallant, intrepid, valorous, fearless, bold, daring.

Sincavage, Timothy

Golden Apple Award

gōldən apəl - *noun*

One who subordinates personal aspirations and works in a coordinated effort with other members of a group, or team, in striving for a common goal

Synonyms: selfless, reliable, committed, enthusiastic, accountability, respectful

Mastandrea, John

Coaches Award

kōCHs - *noun*

Presented to the athlete whose contribution to our success this season deserves the utmost recognition. For without him, none of our accolades would have been possible.

Thaler, Eric

ALL-TIME LISTS



Top 50 5k Times

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Dragonetti, Eric	2012	11	2010.10.30	15:28	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
2	Valeriani, Matthew	2010	12	2009.10.06	15:32	Double-Dual Meet vs. Brick Township & Toms River North	Southern Regional High School, Manahawkin, NJ
3	Skeie, Brandon	2011	12	2010.10.30	15:32	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
4	Burns, Kelly	1989	12	1988.09.26	15:34	Dual Meet vs. Lacey Township	Southern Regional High School, Manahawkin, NJ (??-95)
5	Roberts, Rich	1990	12	1989.10.18	15:42	Dual Meet vs. Admiral Farragut Academy	Southern Regional High School, Manahawkin, NJ (??-95)
T6	Adanatian, Evan	2018	11	2016.10.20	15:43	Ocean County Championships	Ocean County Park, Lakewood, NJ
T6	Keyes, Paul	2018	12	2017.10.26	15:43	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T8	Zarrillo, Vinnie	2001	12	2000.10.20	15:47	Ocean County Championships	Ocean County Park, Lakewood, NJ
T8	Iacovelli, Jarred	2011	12	2010.10.30	15:47	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T10	McBride, Connor	2018	12	2017.10.26	15:50	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T10	Wareham, Rob	2001	10	1998.10.23	15:50	Ocean County Championships	Ocean County Park, Lakewood, NJ
12	Nocco, Nicholas	2014	12	2013.10.24	15:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
13	Simpson, Joseph	2005	12	2004.11.06	15:57	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
14	Decker, Brian	1991	11	1989.10.18	16:00	Dual Meet vs. Admiral Farragut Academy	Southern Regional High School, Manahawkin, NJ (??-95)
15	Clark, Adam	2001	10	1998.10.23	16:01	Ocean County Championships	Ocean County Park, Lakewood, NJ
16	Howley, Sean	2015	11	2013.10.24	16:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ
17	Stanziano, Brian	2000	11	1998.10.23	16:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
18	Cummings, Jim	1990	12	1989.10.16	16:05	Dual Meet vs. Manchester Township	Southern Regional High School, Manahawkin, NJ (??-95)
19	McBride, Connor	2018	11	2016.10.20	16:09	Ocean County Championships	Ocean County Park, Lakewood, NJ
20	Sargent, Thomas	1998	12	1997.10.18	16:10	South Jersey Open Invitational	Kingsway Regional High School, Swedesboro, NJ
21	Raynor, Cody	2014	12	2013.10.24	16:11	Shore Conference Championships	Ocean County Park, Lakewood, NJ
22	Brearley, Justin	2009	12	2008.10.30	16:12	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
23	Davies, CJ	2004	12	2003.10.28	16:15	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
T24	Di Filippo, Joseph	2014	12	2013.10.24	16:16	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T24	Wasilewski Jr., William	2004	12	2003.10.28	16:16	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
26	Braddock, Jackson	2021	10	2018.10.18	16:17	Ocean County Championships	Ocean County Park, Lakewood, NJ
27	Evans, Mike	2014	9	2010.10.30	16:18	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
28	Brearley, Colin	2007	11	2005.11.05	16:20	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
29	Smith, Tommy	1993	10	1990.10.31	16:21	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ (??-95)
30	Marino, David	2014	11	2012.10.25	16:23	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T31	Mardirosian, Nicholas	2011	12	2010.10.30	16:24	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T31	Yates, Ethan	2017	11	2015.10.22	16:24	Ocean County Championships	Ocean County Park, Lakewood, NJ
33	Armstrong, Jake	2008	12	2007.10.20	16:26	Ocean County Championships	Ocean County Park, Lakewood, NJ
34	Mershon, Stephen	2013	12	2012.10.25	16:27	Shore Conference Championships	Ocean County Park, Lakewood, NJ
35	Skodi, Nathan	2017	12	2016.10.20	16:28	Ocean County Championships	Ocean County Park, Lakewood, NJ
36	Grobosky, Josh	2005	11	2003.10.28	16:29	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
37	Stanziano, Joseph	2002	12	2001.10.15	16:31	Dual Meet vs. Toms River East	Southern Regional High School, Manahawkin, NJ
T38	Kubarewicz, William	2017	12	2016.09.16	16:32	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
T38	Petit-Frere, Scotty	2016	12	2015.10.22	16:32	Ocean County Championships	Ocean County Park, Lakewood, NJ
40	Elwood Jr., Brian Paul	2006	10	2003.10.28	16:33	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
41	Martin, Rich	1996	12	1995.10.28	16:34	NJSIAA Group 4 State Sectional Championships	Kingsway Regional High School, Swedesboro, NJ
T42	Tomczuk, Joseph	2009	12	2008.09.16	16:34	Double-Dual Meet vs. Brick Memorial & Toms River North	Ocean County Park, Lakewood, NJ
T42	O'Hearn, James	2014	12	2013.10.24	16:34	Shore Conference Championships	Ocean County Park, Lakewood, NJ
44	Lovenberg, William	2016	12	2015.10.15	16:36	Class A-South Championship	Ocean County Park, Lakewood, NJ
45	Maher, Ryan	1997	12	1996.10.12	16:39	South Jersey Open Invitational	Kingsway Regional High School, Swedesboro, NJ
46	Sherman, Victor	2008	11	2006.10.21	16:40	Ocean County Championships	Ocean County Park, Lakewood, NJ
T47	Abrams, Elliott	1992	11	1990.10.31	16:43	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ (??-95)
T47	Romanowski, Rob	2004	10	2001.10.15	16:43	Dual Meet vs. Toms River East	Southern Regional High School, Manahawkin, NJ
49	Maggion, Jack	1991	10	1988.11.07	16:46	Dual Meet vs. Monsignor Donovan	Southern Regional High School, Manahawkin, NJ (??-95)
50	Collett, Tyler	2000	11	1998.10.23	16:47	Ocean County Championships	Ocean County Park, Lakewood, NJ

CLASS LISTS

Seniors

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Valeriani, Matthew	2010	12	2009.10.06	15:32	Double-Dual Meet vs. Brick Township & Toms River North	Southern Regional High School, Manahawkin, NJ
2	Skeie, Brandon	2011	12	2010.10.30	15:32	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
3	Burns, Kelly	1989	12	1988.09.26	15:34	Dual Meet vs. Lacey Township	Southern Regional High School, Manahawkin, NJ (??-95)
4	Roberts, Rich	1990	12	1989.10.18	15:42	Dual Meet vs. Admiral Farragut Academy	Southern Regional High School, Manahawkin, NJ (??-95)
5	Keyes, Paul	2018	12	2017.10.26	15:43	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T6	Zarrillo, Vinnie	2001	12	2000.10.20	15:47	Ocean County Championships	Ocean County Park, Lakewood, NJ
T6	Iacovelli, Jarred	2011	12	2010.10.30	15:47	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
8	McBride, Connor	2018	12	2017.10.26	15:50	Shore Conference Championships	Ocean County Park, Lakewood, NJ
9	Nocco, Nicholas	2014	12	2013.10.24	15:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
10	Simpson, Joseph	2005	12	2004.11.06	15:57	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
11	Dragonetti, Eric	2012	12	2011.10.20	16:02	Ocean County Championships	Ocean County Park, Lakewood, NJ
12	Cummings, Jim	1990	12	1989.10.16	16:05	Dual Meet vs. Manchester Township	Southern Regional High School, Manahawkin, NJ (??-95)
13	Adanatizian, Evan	2018	12	2017.11.04	16:07	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
14	Sargent, Thomas	1998	12	1997.10.18	16:10	South Jersey Open Invitational	Kingsway Regional High School, Swedesboro, NJ
15	Raynor, Cody	2014	12	2013.10.24	16:11	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T16	Brearley, Justin	2009	12	2008.10.30	16:12	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T16	Clark, Adam	2001	12	2000.10.28	16:12	NJSIAA Group 4 State Sectional Championships	Williamstown High School, Williamstown, NJ
18	Davies, CJ	2004	12	2003.10.28	16:15	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
T19	Di Filippo, Joseph	2014	12	2013.10.24	16:16	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T19	Wasilewski Jr., William	2004	12	2003.10.28	16:16	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
21	Howley, Sean	2015	12	2014.10.30	16:17	Shore Conference Championships	Ocean County Park, Lakewood, NJ
22	Evans, Michael	2014	12	2013.10.24	16:19	Shore Conference Championships	Ocean County Park, Lakewood, NJ
23	Decker, Brian	1991	12	1990.10.31	16:20	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ (??-95)
24	Wareham, Rob	2001	12	2000.10.20	16:22	Ocean County Championships	Ocean County Park, Lakewood, NJ
T25	Mardirosian, Nicholas	2011	12	2010.10.30	16:24	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T25	Marino, David	2014	12	2013.10.24	16:24	Shore Conference Championships	Ocean County Park, Lakewood, NJ

Juniors

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Dragonetti, Eric	2012	11	2010.10.30	15:28	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
2	Adanatizian, Evan	2018	11	2016.10.20	15:43	Ocean County Championships	Ocean County Park, Lakewood, NJ
3	Keyes, Paul	2018	11	2016.10.13	15:45	Class A-South Championship	Ocean County Park, Lakewood, NJ
T4	Roberts, Rich	1990	11	1988.11.07	15:51	Dual Meet vs. Monsignor Donovan	Southern Regional High School, Manahawkin, NJ (??-95)
T4	Valeriani, Matthew	2010	11	2008.10.30	15:51	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
6	Decker, Brian	1991	11	1989.10.18	16:00	Dual Meet vs. Admiral Farragut Academy	Southern Regional High School, Manahawkin, NJ (??-95)
7	Howley, Sean	2015	11	2013.10.24	16:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T7	Simpson, Joseph	2005	11	2003.10.24	16:02	Ocean County Championships	Ocean County Park, Lakewood, NJ
9	Stanziano, Brian	2000	11	1998.10.23	16:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
10	Zarrillo, Vinnie	2001	11	1999.11.06	16:05	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
11	Skeie, Brandon	2011	11	2009.10.06	16:06	Double-Dual Meet vs. Brick Township & Toms River North	Southern Regional High School, Manahawkin, NJ
12	Wareham, Rob	2001	11	1999.11.06	16:08	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
13	McBride, Connor	2018	11	2016.10.20	16:09	Ocean County Championships	Ocean County Park, Lakewood, NJ
14	Cummings, Jim	1990	11	1988.10.14	16:11	Double-Dual Meet vs. Admiral Farragut & Pinelands Regional	Southern Regional High School, Manahawkin, NJ (??-95)
15	Brearley, Colin	2007	11	2005.11.05	16:20	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
16	Davies, CJ	2004	11	2002.01.01	16:21	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ
T17	Raynor, Cody	2014	11	2012.10.11	16:22	Dual Meet vs. TR North & Brick Mem.	Southern Regional High School, Manahawkin, NJ
T17	Nocco, Nicholas	2014	11	2012.10.25	16:22	Shore Conference Championships	Ocean County Park, Lakewood, NJ
19	Marino, David	2014	11	2012.10.25	16:23	Shore Conference Championships	Ocean County Park, Lakewood, NJ
20	Yates, Ethan	2017	11	2015.10.22	16:24	Ocean County Championships	Ocean County Park, Lakewood, NJ
T21	Grobosky, Josh	2005	11	2003.10.28	16:29	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
T21	Di Filippo, Joseph	2014	11	2012.10.25	16:29	Shore Conference Championships	Ocean County Park, Lakewood, NJ
23	Iacovelli, Jarred	2011	11	2009.10.06	16:30	Double-Dual Meet vs. Brick Township & Toms River North	Southern Regional High School, Manahawkin, NJ
24	Kubarewicz, William	2017	11	2015.10.15	16:34	Class A-South Championship	Ocean County Park, Lakewood, NJ
25	Clark, Adam	2001	11	1999.11.06	16:35	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ

CLASS LISTS

Sophomore

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Wareham, Rob	2001	10	1998.10.23	15:50	Ocean County Championships	Ocean County Park, Lakewood, NJ
2	Dragonetti, Eric	2012	10	2009.10.22	15:51	Ocean County Championships	Ocean County Park, Lakewood, NJ
3	Clark, Adam	2001	10	1998.10.23	16:01	Ocean County Championships	Ocean County Park, Lakewood, NJ
4	Adanatian, Evan	2018	10	2015.10.15	16:16	Class A-South Championship	Ocean County Park, Lakewood, NJ
5	Braddock, Jackson	2021	10	2018.10.18	16:17	Ocean County Championships	Ocean County Park, Lakewood, NJ
T6	Smith, Tommy	1993	10	1990.10.31	16:21	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ (??-95)
T6	Skeie, Brandon	2011	10	2008.10.30	16:21	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
8	Keyes, Paul	2018	10	2015.10.29	16:22	Shore Conference Championships	Ocean County Park, Lakewood, NJ
9	Howley, Sean	2015	10	2012.10.25	16:25	Shore Conference Championships	Ocean County Park, Lakewood, NJ
10	Marino, David	2014	10	2011.10.04	16:31	Double-Dual Meet vs. Brick Memorial & Toms River North	Ocean County Park, Lakewood, NJ
11	Elwood Jr., Brian Paul	2006	10	2003.10.28	16:33	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
T12	Zarrillo, Vinnie	2001	10	1998.10.23	16:37	Ocean County Championships	Ocean County Park, Lakewood, NJ
T12	McBride, Connor	2018	10	2015.10.22	16:37	Ocean County Championships	Ocean County Park, Lakewood, NJ
T14	Kubarewicz, William	2017	10	2014.09.19	16:41	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
T14	Stanziano, Brian	2000	10	1997.11.08	16:41	NJSIAA Group 4 State Sectional Championships	Kingsway Regional High School, Swedesboro, NJ
16	Romanowski, Rob	2004	10	2001.10.15	16:43	Dual Meet vs. Toms River East	Southern Regional High School, Manahawkin, NJ
17	Maggion, Jack	1991	10	1988.11.07	16:46	Dual Meet vs. Monsignor Donovan	Southern Regional High School, Manahawkin, NJ (??-95)
18	Yates, Ethan	2017	10	2014.09.19	16:49	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
19	Iacovelli, Jarred	2011	10	2008.10.30	16:52	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
20	Lieter, Keoni	2020	10	2017.10.26	16:55	Shore Conference Championships	Ocean County Park, Lakewood, NJ
21	Tomczuk, Joseph	2009	10	2006.10.21	16:58	Ocean County Championships	Ocean County Park, Lakewood, NJ
T22	Burns, Kelly	1989	10	1986.09.13	16:59	Ocean County Championships	Ocean County Park, Lakewood, NJ (New Course)
T22	Valeriani, Matthew	2010	10	2007.10.20	16:59	Ocean County Championships	Ocean County Park, Lakewood, NJ
24	Decker, Brian	1991	10	1988.10.14	17:00	Double-Dual Meet vs. Admiral Farragut & Pinelands Regional	Southern Regional High School, Manahawkin, NJ (??-95)
25	Simpson, Joseph	2005	10	2002.10.08	17:01	Dual Meet vs. Toms River North	Toms River North High School, Toms River, NJ

Freshman

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Evans, Michael	2014	9	2010.10.30	16:18	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T2	Wareham, Rob	2001	9	1997.10.18	16:25	South Jersey Open Invitational	Kingsway Regional High School, Swedesboro, NJ
T2	Dragonetti, Eric	2012	9	2008.10.30	16:25	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T2	Braddock, Jackson	2021	9	2017.10.12	16:25	Class A-South Championship	Ocean County Park, Lakewood, NJ
5	Keyes, Paul	2018	9	2014.10.30	16:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ
6	Stanziano, Brian	2000	9	1996.10.12	16:32	South Jersey Open Invitational	Kingsway Regional High School, Swedesboro, NJ
7	Howley, Sean	2015	9	2011.10.04	16:41	Dual Meet vs. Brick Memorial & Toms River North	Ocean County Park, Lakewood, NJ
8	Adanatian, Evan	2018	9	2014.10.30	16:54	Shore Conference Championships	Ocean County Park, Lakewood, NJ
9	Conlon, Mike	1993	9	1989.10.20	17:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
10	Romanowski, Rob	2004	9	2000.09.26	17:14	Dual Meet vs. Toms River North	Toms River North High School, Toms River, NJ
11	Elwood Jr., Brian Paul	2006	9	2002.10.08	17:15	Dual Meet vs. Toms River North	Toms River North High School, Toms River, NJ
T12	McBride, Connor	2018	9	2014.10.30	17:18	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T12	Simpson, Joseph	2005	9	2001.10.19	17:18	Ocean County Championships	Ocean County Park, Lakewood, NJ
T12	Marino, David	2014	9	2010.10.30	17:18	Shore Conference Frosh/JV Championships	Ocean County Park, Lakewood, NJ
15	Barbieri, John	2021	9	2017.10.12	17:20	Class A-South Championship	Ocean County Park, Lakewood, NJ
16	Chanda, Michael	2021	9	2017.11.01	17:23	The Future 7	Ocean County Park, Lakewood, NJ
17	Schmidt, Andrew	2008	9	2004.10.26	17:26	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ
18	Zarrillo, Vinnie	2001	9	1997.11.08	17:34	NJSIAA Group 4 State Sectional Championships	Kingsway Regional High School, Swedesboro, NJ
19	Skeie, Brandon	2011	9	2007.10.20	17:36	Ocean County Championships	Ocean County Park, Lakewood, NJ
20	Smith, Tommy	1993	9	1989.10.10	17:39	Dual Meet vs. Central Regional & Pinelands Regional	Southern Regional High School, Manahawkin, NJ (??-95)
21	Sincavage, Timothy	2021	9	2017.10.12	17:44	Class A-South Championship	Ocean County Park, Lakewood, NJ
22	Ward, James	2015	9	2011.11.01	17:45	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
23	Limosnero, Alex	2014	9	2010.09.14	17:48	Dual Meet vs. Brick Memorial	Ocean County Park, Lakewood, NJ
T24	Stackhouse, Scott	1994	9	1990.10.31	17:49	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ (??-95)
T24	Falkowski, Brian	1995	9	1991.09.01	17:49	Dual Meet vs. Manchester Township	Southern Regional High School, Manahawkin, NJ (??-95)

2-MILE LISTS

Top 25

	Athlete	Class Of	Grade	Date	Time	Meet	Location
1	Valeriani, Matthew	2010	12	2009.09.12	09:51	Cherokee Challenge	Cherokee High School, Marlton, NJ
2	Dragonetti, Eric	2012	11	2010.09.11	09:51	Cherokee Challenge	Cherokee High School, Marlton, NJ
3	Keyes, Paul	2018	9	2014.09.19	10:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
4	Braddock, Jackson	2021	9	2017.10.26	10:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ
5	Simpson, Joseph	2005	12	2004.09.18	10:09	Cherokee Challenge	Cherokee High School, Marlton, NJ
6	Tomczuk, Joseph	2009	12	2008.09.20	10:12	Cherokee Challenge	Cherokee High School, Marlton, NJ
7	Skeie, Brandon	2011	12	2010.09.11	10:18	Cherokee Challenge	Cherokee High School, Marlton, NJ
8	Sherman, Victor	2008	12	2007.09.15	10:23	Cherokee Challenge	Cherokee High School, Marlton, NJ
9	Gifford, Troy	2012	11	2010.09.11	10:23	Cherokee Challenge	Cherokee High School, Marlton, NJ
10	Stanziano, Brian	2000	11	1998.10.06	10:24	Dual Meet vs. Brick Memorial	Ocean County Park, Lakewood, NJ
11	Armstrong, Jake	2008	12	2007.09.15	10:26	Cherokee Challenge	Cherokee High School, Marlton, NJ
12	Barbieri, John	2021	9	2017.10.26	10:31	Shore Conference Championships	Ocean County Park, Lakewood, NJ
13	Mardirosian, Nicholas	2011	12	2010.09.11	10:32	Cherokee Challenge	Cherokee High School, Marlton, NJ
14	Chanda, Michael	2021	9	2017.10.26	10:32	Shore Conference Championships	Ocean County Park, Lakewood, NJ
15	Prandato, James	2007	12	2006.09.16	10:33	Cherokee Challenge	Cherokee High School, Marlton, NJ
16	Sincavage, Timothy	2021	9	2017.10.26	10:33	Shore Conference Championships	Ocean County Park, Lakewood, NJ
17	Yates, Ethan	2017	11	2015.09.12	10:37	Cherokee Challenge	Cherokee High School, Marlton, NJ
18	Iacovelli, Jarred	2011	12	2010.09.11	10:38	Cherokee Challenge	Cherokee High School, Marlton, NJ
19	Adanatzian, Evan	2018	10	2015.09.12	10:41	Cherokee Challenge	Cherokee High School, Marlton, NJ
20	Minotti, Nicholas	2007	12	2006.09.16	10:42	Cherokee Challenge	Cherokee High School, Marlton, NJ
21	McBride, Connor	2018	12	2017.09.09	10:46	Cherokee Challenge	Cherokee High School, Marlton, NJ
22	Van Liew, Logan	2021	9	2017.10.26	10:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ
23	Marino, David	2014	10	2011.09.10	10:48	Cherokee Challenge	Cherokee High School, Marlton, NJ
24	Boero, Colin	2020	9	2016.10.20	10:48	Ocean County Championships	Ocean County Park, Lakewood, NJ
25	Schwerzel, Austin	2012	11	2010.09.11	10:50	Cherokee Challenge	Cherokee High School, Marlton, NJ

Freshman

	Athlete	Class Of	Grade	Date	Time	Meet	Location
1	Keyes, Paul	2018	9	2014.09.19	10:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
2	Braddock, Jackson	2021	9	2017.10.26	10:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ
3	Barbieri, John	2021	9	2017.10.26	10:31	Shore Conference Championships	Ocean County Park, Lakewood, NJ
4	Chanda, Michael	2021	9	2017.10.26	10:32	Shore Conference Championships	Ocean County Park, Lakewood, NJ
5	Sincavage, Timothy	2021	9	2017.10.26	10:33	Shore Conference Championships	Ocean County Park, Lakewood, NJ
6	Dragonetti, Eric	2012	9	2008.09.20	10:39	Cherokee Challenge	Cherokee High School, Marlton, NJ
7	Skodi, Nathan	2017	9	2013.10.24	10:42	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T9	Boero, Colin	2020	9	2016.10.27	10:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T9	Van Liew, Logan	2021	9	2017.10.26	10:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ
10	Howley, Sean	2015	9	2011.09.10	10:51	Cherokee Challenge	Cherokee High School, Marlton, NJ
T11	Kubarewicz, William	2017	9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T11	Yates, Ethan	2017	9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
13	Stanziano, Joseph	2002	9	1998.10.23	10:53	Ocean County Championships	Ocean County Park, Lakewood, NJ
14	Bates, Dylan	2021	9	2017.10.26	10:58	Shore Conference Championships	Ocean County Park, Lakewood, NJ
15	O'Malley, Ryan	2002	9	1998.10.23	10:59	Ocean County Championships	Ocean County Park, Lakewood, NJ
16	Thaler, Eric	2019	9	2015.10.22	11:00	Ocean County Championships	Ocean County Park, Lakewood, NJ
17	Springstead, David	2019	9	2015.10.22	11:02	Ocean County Championships	Ocean County Park, Lakewood, NJ
18	Jani, Jayant	2020	9	2016.10.20	11:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
19	Bates, Dean	2020	9	2016.10.20	11:04	Ocean County Championships	Ocean County Park, Lakewood, NJ
T20	Wareham, Rob	2001	9	1997.11.01	11:05	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T20	Buttiglieri, Vincent	1999	9	1995.10.20	11:05	Ocean County Championships	Ocean County Park, Lakewood, NJ
T20	Evans, Michael	2014	9	2010.09.11	11:05	Cherokee Challenge	Cherokee High School, Marlton, NJ
23	Falkowski, Brian	1995	9	1991.10.25	11:06	Ocean County Championships	Ocean County Park, Lakewood, NJ
24	Grobosky, Josh	2005	9	2001.11.03	11:07	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T25	Elwood Jr., Brian Paul	2006	9	2002.09.21	11:07	Monmouth Battlefield Class Meet	Battlefield State Park, Manalapan, NJ
T25	Simpson, Joseph	2005	9	2001.09.22	11:07	Monmouth Battlefield Class Meet	Battlefield State Park, Manalapan, NJ

COURSE LISTS

Bowdoin Park

Rank	Athlete	Class Of	Grade	Date	Time	Meet	Location
1	Valeriani, Matthew	2010	12	2009.09.26	16:38	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
2	Dragonetti, Eric	2012	10	2009.09.26	16:58	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
3	Adanatzian, Evan	2018	10	2015.09.26	17:08	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
4	Yates, Ethan	2017	11	2015.09.26	17:11	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
5	Keyes, Paul	2018	11	2016.09.22	17:12	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
6	Skeie, Brandon	2011	11	2009.09.26	17:15	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
7	Mershon, Stephen	2013	12	2012.09.22	17:19	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
8	Raynor, Cody	2014	12	2013.09.28	17:22	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
9	McBride, Connor	2018	12	2017.09.23	17:28	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
10	Howley, Sean	2015	11	2013.09.28	17:31	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
11	Skodi, Nathan	2018	12	2016.09.22	17:40	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
T12	Nocco, Nicholas	2014	11	2012.09.22	17:42	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
T12	Di Filippo, Joseph	2014	12	2013.09.28	17:42	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
T14	Iacovelli, Jarred	2011	11	2009.09.26	17:43	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
T14	Lovenberg, William	2016	12	2015.09.26	17:43	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
16	Marino, David	2014	12	2013.09.28	17:45	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
17	Kubarewicz, William	2017	11	2015.09.26	17:46	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
18	Gifford, Troy	2012	10	2009.09.26	18:01	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
19	Evans, Michael	2014	12	2013.09.28	18:06	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
20	Schnell, Mason	2018	11	2016.09.22	18:09	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
21	O'Hearn, James	2014	12	2013.09.28	18:10	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
22	Mardirosian, Nicholas	2011	11	2009.09.26	18:13	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
23	Herega, Ryan	2011	11	2009.09.26	18:16	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
24	Ward, James	2015	11	2013.09.28	18:22	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
25	Garrison, Nicholas	2015	10	2012.09.22	18:28	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY

Delsea Varsity Course

	Athlete	Class Of	Grade	Date	Time	Meet	Location
1	Valeriani, Matthew	2010	12	2009.11.07	15:46	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
2	Dragonetti, Eric	2012	10	2009.11.07	16:02	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
3	Skeie, Brandon	2011	12	2010.11.06	16:06	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
4	Adanatzian, Evan	2018	12	2017.11.04	16:07	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
5	Iacovelli, Jarred	2011	12	2010.11.06	16:18	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
6	Keyes, Paul	2018	11	2016.11.05	16:19	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
7	Brearley, Colin	2007	11	2005.11.05	16:20	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
8	Nocco, Nicholas	2014	12	2013.11.09	16:25	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T9	McBride, Connor	2018	12	2017.11.04	16:27	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T9	Simpson, Joseph	2005	12	2004.10.30	16:27	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
11	Marino, David	2014	10	2011.11.05	16:38	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
12	Davies, CJ	2004	12	2003.11.07	16:40	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
13	Brearley, Justin	2009	12	2008.11.08	16:41	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
14	Skodi, Nathan	2017	12	2016.11.05	16:42	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T15	Mardirosian, Nicholas	2011	12	2010.11.06	16:43	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T15	Yates, Ethan	2017	11	2015.11.07	16:43	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
17	Tomczuk, Joseph	2009	12	2008.10.11	16:46	South Jersey Open Invitational	Delsea Regional High School, Franklinville, NJ
T18	Kubarewicz, William	2017	11	2015.11.07	16:47	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T18	Di Filippo, Joseph	2014	11	2012.11.10	16:47	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
20	Gray, John	2007	11	2005.11.05	16:51	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
21	Braddock, Jackson	2021	9	2017.11.04	16:52	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
22	Howley, Sean	2015	10	2012.11.10	16:52	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T23	Petit-Frere, Scotty	2016	11	2014.11.08	16:55	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T23	Wasilewski Jr., William	2004	12	2003.11.07	16:55	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T25	Mershon, Stephen	2013	11	2011.11.05	16:57	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T25	Armstrong, Jake	2008	12	2007.11.03	16:57	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ

COURSE LISTS

Ocean County Park Varsity Course

Athlete	Class Of	Grade	Date	Time	Meet	Location
Dragonetti, Eric	2012	11	2010.10.30	15:28	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
Skeie, Brandon	2011	12	2010.10.30	15:32	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
Valeriani, Matthew	2010	12	2009.10.22	15:40	Ocean County Championships	Ocean County Park, Lakewood, NJ
Adanatzian, Evan	2018	11	2016.10.20	15:43	Ocean County Championships	Ocean County Park, Lakewood, NJ
Keyes, Paul	2018	12	2017.10.26	15:43	Shore Conference Championships	Ocean County Park, Lakewood, NJ
Zarrillo, Vinnie	2001	12	2000.10.20	15:47	Ocean County Championships	Ocean County Park, Lakewood, NJ
Iacovelli, Jarred	2011	12	2010.10.30	15:47	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
McBride, Connor	2018	12	2017.10.26	15:50	Shore Conference Championships	Ocean County Park, Lakewood, NJ
Wareham, Rob	2001	10	1998.10.23	15:50	Ocean County Championships	Ocean County Park, Lakewood, NJ
Nocco, Nicholas	2014	12	2013.10.24	15:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
Simpson, Joseph	2005	12	2004.11.06	15:57	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
Clark, Adam	2001	10	1998.10.23	16:01	Ocean County Championships	Ocean County Park, Lakewood, NJ
Howley, Sean	2015	11	2013.10.24	16:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ
Stanziano, Brian	2000	11	1998.10.23	16:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
McBride, Connor	2018	11	2016.10.20	16:09	Ocean County Championships	Ocean County Park, Lakewood, NJ
Raynor, Cody	2014	12	2013.10.24	16:11	Shore Conference Championships	Ocean County Park, Lakewood, NJ
Brearley, Justin	2009	12	2008.10.30	16:12	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
Di Filippo, Joseph	2014	12	2013.10.24	16:16	Shore Conference Championships	Ocean County Park, Lakewood, NJ
Braddock, Jackson	2021	10	2018.10.18	16:17	Ocean County Championships	Ocean County Park, Lakewood, NJ
Evans, Michael	2014	9	2010.10.30	16:18	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
Sargent, Thomas	1998	12	1997.10.24	16:19	Ocean County Championships	Ocean County Park, Lakewood, NJ
Davies, CJ	2004	12	2003.10.24	16:23	Ocean County Championships	Ocean County Park, Lakewood, NJ
Marino, David	2014	11	2012.10.25	16:23	Shore Conference Championships	Ocean County Park, Lakewood, NJ
Mardirosian, Nicholas	2011	12	2010.10.30	16:24	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
Yates, Ethan	2017	11	2015.10.22	16:24	Ocean County Championships	Ocean County Park, Lakewood, NJ

Ocean County Park 2 Mile Course

	Athlete	Class Of	Grade	Date	Time	Meet	Location
1	Keyes, Paul	2018	9	2014.09.19	10:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
2	Braddock, Jackson	2021	9	2017.10.26	10:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ
3	Barbieri, John	2021	9	2017.10.26	10:31	Shore Conference Championships	Ocean County Park, Lakewood, NJ
4	Chanda, Michael	2021	9	2017.10.26	10:32	Shore Conference Championships	Ocean County Park, Lakewood, NJ
5	Sincavage, Timothy	2021	9	2017.10.26	10:33	Shore Conference Championships	Ocean County Park, Lakewood, NJ
6	Skodi, Nathan	2017	9	2013.10.24	10:42	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T7	Boero, Colin	2020	9	2016.10.20	10:48	Ocean County Championships	Ocean County Park, Lakewood, NJ
T7	Van Liew, Logan	2021	9	2017.10.26	10:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ
9	Kubarewicz, William	2017	9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
10	Yates, Ethan	2017	9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
11	Stanziano, Joseph	2002	9	1998.10.23	10:53	Ocean County Championships	Ocean County Park, Lakewood, NJ
12	Bates, Dylan	2021	9	2017.10.26	10:58	Shore Conference Championships	Ocean County Park, Lakewood, NJ
13	O'Malley, Ryan	2002	9	1998.10.23	10:59	Ocean County Championships	Ocean County Park, Lakewood, NJ
14	Thaler, Eric	2019	9	2015.10.22	11:00	Ocean County Championships	Ocean County Park, Lakewood, NJ
15	Springstead, David	2019	9	2015.10.22	11:02	Ocean County Championships	Ocean County Park, Lakewood, NJ
16	Jani, Jayant	2020	9	2016.10.20	11:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
17	Bates, Dean	2020	9	2016.10.20	11:04	Ocean County Championships	Ocean County Park, Lakewood, NJ
18	Wareham, Rob	2001	9	1997.11.01	11:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T19	Buttiglieri, Vincent	1999	9	1995.10.20	11:05	Ocean County Championships	Ocean County Park, Lakewood, NJ
T19	Thaler, Eric	2019	9	2015.10.29	11:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ
21	Falkowski, Brian	1995	9	1991.10.25	11:06	Ocean County Championships	Ocean County Park, Lakewood, NJ
22	Grobosky, Josh	2005	9	2001.11.03	11:07	Shore Conference Championships	Ocean County Park, Lakewood, NJ
23	Evanchik, Thomas	2021	9	2017.10.26	11:08	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T24	Stanziano, Michael	2005	9	2001.11.03	11:09	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T24	Lemley, Nicholas	2020	9	2016.10.20	11:09	Ocean County Championships	Ocean County Park, Lakewood, NJ

COURSE LISTS

Holmdel Varsity Course

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Valeriani, Matthew	2010	12	2009.10.03	16:14	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
2	Skeie, Brandon	2011	12	2010.11.20	16:19	NJSIAA State Championships (Meet Of Champions)	Holmdel Park, Holmdel, NJ
T3	Adanatian, Evan	2018	11	2016.10.01	16:29	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
T3	Simpson, Joseph	2005	12	2004.11.20	16:29	NJSIAA State Championships (Meet Of Champions)	Holmdel Park, Holmdel, NJ
T5	Zarrillo, Vinnie	2001	12	2000.11.11	16:30	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
T5	Dragonetti, Eric	2012	11	2010.10.02	16:30	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
7	Brearley, Colin	2007	11	2005.11.12	16:40	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
8	Iacovelli, Jarred	2011	12	2010.11.13	16:41	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
9	Clark, Adam	2001	12	2000.10.07	16:42	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
10	Wareham, Rob	2001	11	1999.11.13	16:50	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
11	Brearley, Justin	2009	12	2008.11.22	16:56	NJSIAA State Championships (Meet Of Champions)	Holmdel Park, Holmdel, NJ
12	Martin, Rich	1996	12	1995.11.04	16:59	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
13	Keyes, Paul	2018	11	2016.11.12	17:01	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
14	McBride, Connor	2018	12	2017.10.07	17:02	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
15	Davies, CJ	2004	11	2002.11.02	17:04	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
16	Tomczuk, Joseph	2009	12	2008.10.04	17:05	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
T17	Armstrong, Jake	2008	12	2007.10.29	17:07	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
T17	Nocco, Nicholas	2014	12	2013.11.16	17:07	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
T19	Schwerdt, Jeff	1996	12	1995.11.04	17:08	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
T19	Stanziano, Brian	2000	11	1998.11.07	17:08	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
T21	Marino, David	2014	11	2012.11.17	17:11	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
T21	Raynor, Cody	2014	12	2013.11.16	17:11	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
T21	Wasilewski Jr., William	2004	12	2003.11.01	17:11	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
24	Di Filippo, Joseph	2014	11	2012.11.17	17:12	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
25	Yates, Ethan	2017	11	2015.11.14	17:14	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ

Holmdel 2 Mile Course

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Buttiglieri, Vincent	1999	9	1995.11.04	11:20	Shore Conference Championships	Holmdel Park, Holmdel, NJ
2	Braddock, Jackson	2021	9	2017.10.07	11:26	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
3	Wareham, Rob	2001	9	1997.10.04	11:38	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
4	Romanowski, Scott	1999	9	1995.11.04	11:47	Shore Conference Championships	Holmdel Park, Holmdel, NJ
5	Barbieri, John	2021	9	2017.10.07	11:51	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
6	Keyes, Paul	2018	9	2014.09.23	11:52	2 Mile Meet vs. CBA	Holmdel Park, Holmdel, NJ
T7	Simpson, Joseph	2005	9	2001.10.06	11:57	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
T7	Chanda, Michael	2021	9	2017.10.07	11:57	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
9	Schmidt, Andrew	2008	9	2004.10.02	12:02	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
10	Stanziano, Joseph	2002	9	1998.10.03	12:09	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
11	Sincavage, Timothy	2021	9	2017.10.07	12:10	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
12	Bates, Gavin	2022	9	2018.10.06	12:10	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
13	Zarrillo, Vinnie	2001	9	1997.10.04	12:11	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
T14	Minotti, Nicholas	2007	9	2003.10.04	12:12	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
T14	Sininsky, Ryan	2022	9	2018.10.06	12:12	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
T16	Stanziano, Joseph	2002	9	1998.11.07	12:13	Shore Conference Championships	Holmdel Park, Holmdel, NJ
T16	O'Malley, Ryan	2002	9	1998.11.07	12:13	Shore Conference Championships	Holmdel Park, Holmdel, NJ
18	Sininsky, Tyler	2022	9	2018.10.06	12:15	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
19	Praschil, Justin Alan	1999	9	1995.11.04	12:21	Shore Conference Championships	Holmdel Park, Holmdel, NJ
20	Grobosky, Josh	2005	9	2001.10.06	12:23	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
21	Boero, Colin	2020	9	2016.10.01	12:24	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
22	Reese, Baylor	2022	9	2018.10.06	12:25	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
T23	Bates, Dylan	2021	9	2017.10.07	12:27	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
T23	Stanziano, Michael	2005	9	2001.10.06	12:27	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
25	Mastandrea, John	2021	9	2017.10.07	12:28	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ

MEET RESULTS



Cherokee Challenge

@ Cherokee High School, Marlton, NJ

Saturday September 8th, 2018

<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>	<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Bates, Gavin	9	11:42	2 Miles	Bates, Dean	11	11:18	2 Miles
Harrison, Jake	9	11:50	2 Miles	Jani, Jayant	11	11:20	2 Miles
Sininsky, Ryan	9	11:56	2 Miles	Lemley, Nick	11	11:46	2 Miles
Keyes, Mikey	9	11:56	2 Miles	Lieter, Keoni	11	12:18	2 Miles
Mathews, Jack	9	11:57	2 Miles	Ott, Ryan	11	12:19	2 Miles
Calsyn, Aidan	9	12:34	2 Miles	Reck, Alex	11	12:29	2 Miles
Sininsky, Tyler	9	12:34	2 Miles	Boero, Collin	11	12:33	2 Miles
Reese, Baylor	9	12:35	2 Miles	Davis, Ryan	11	12:40	2 Miles
Manzella, Kai	9	12:49	2 Miles	Goetz, Patrick	11	12:41	2 Miles
McKenna, Daniel	9	12:51	2 Miles	LaBelle, Ryan	11	12:44	2 Miles
Bischoff, Nathan	9	13:20	2 Miles	Klunk, Dean	11	14:34	2 Miles
Smith, Josh	9	13:33	2 Miles	Durnien, Conor	11	14:52	2 Miles
Lum, Gavin	9	13:44	2 Miles	Monterrosa Christian	11	17:36	2 Miles
Pizar, Jack	9	14:39	2 Miles	Micciche, Lucas	11	DNR	2 Miles
Bischoff, Kellen	9	14:41	2 Miles	<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Cruz-Bravo, Javier	9	15:07	2 Miles	Middleton, Trevor	12	11:02	2 Miles
Paco, David	9	16:03	2 Miles	Thaler, Eric	12	12:01	2 Miles
Adams, Jeremy	9	18:44	2 Miles	Flaherty, Ryan	12	12:03	2 Miles
Stefanski, Davis	9	20:31	2 Miles	Shackelton, Mike	12	12:18	2 Miles
Brindley, Nathan#	9	DNR	2 Miles	Pelusio, Spencer	12	12:51	2 Miles
Brindley, Scott#	9	DNR	2 Miles	Van Liew, Dillon	12	13:05	2 Miles
<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>	Forte, Evan	12	13:25	2 Miles
Chanda, Michael	10	10:59	2 Miles	Watson, Brooks	12	13:36	2 Miles
Bates, Dylan	10	11:12	2 Miles	Johnston, TJ	12	14:39	2 Miles
Sincavage, Timothy	10	11:31	2 Miles	Schaub, Marty	12	14:53	2 Miles
Guzewicz Nick	10	11:45	2 Miles	Damato, Jake	12	16:18	2 Miles
Mastandrea, John	10	11:45	2 Miles	Pierro, Matthew	12	DNR	2 Miles
Olkowski, Thomas	10	12:19	2 Miles				
Van Liew, Logan	10	12:21	2 Miles				
Desiderio, Nick	10	12:28	2 Miles				
Gnagey, Aaron	10	12:28	2 Miles				
Kilcommons, Brian	10	12:52	2 Miles				
D'Amelio, Nunzio	10	13:06	2 Miles				
Sari, Dominic	10	13:18	2 Miles				
Hille, JT	10	14:22	2 Miles				
DeHart, Kevin	10	14:50	2 Miles				
Raylman, Nicholas	10	16:10	2 Miles				
Sirisky, Jaden	10	16:53	2 Miles				
Braddock, Jackson	10	DNR	2 Miles				
Pelusio, Braden	10	NT	2 Miles				

Top 12

- Bates, Dean
- Bates, Dylan
- Bates, Gavin
- Braddock, Jackson
- Chanda, Michael
- Guzewicz Nick
- Harrison, Jake
- Jani, Jayant
- Lemley, Nick
- Mastandrea, John
- Middleton, Trevor
- Sincavage, Timothy

Meet Apple

- Nick Guzewicz

Team

1-5: 11:10 / 0:21
1-7: 11:18 / 0:43

Frosh

1-5: 11:52 / 0:16
1-7: 12:04 / 0:53

Juniors

1-5: 11:48 / 1:00
1-7: 12:00 / 1:15

Soph

1-5: 11:26 / 0:46
1-7: 11:42 / 1:22

Senior

1-5: 12:03 / 1:49
1-7: 12:23 / 2:23

Battle at Ocean County Park
 @ Ocean County Park, Lakewood, NJ
 Friday September 11th, 2018

Athlete	Grade	Time	Distance	Athlete	Grade	Time	Distance
Harrison, Jake	9	11:19	2 Miles	Lemley, Nick	11	17:34	5k
Bates, Gavin	9	11:22	2 Miles	Jani, Jayant	11	17:37	5k
Sininsky, Ryan	9	11:29	2 Miles	Bates, Dean	11	17:59	5k
Sininsky, Tyler	9	11:31	2 Miles	Reck, Alex	11	18:54	5k
Mathews, Jack	9	11:33	2 Miles	Boero, Collin	11	19:25	5k
Reese, Baylor	9	11:33	2 Miles	Goetz, Patrick	11	19:32	5k
Calsyn, Aidan	9	11:58	2 Miles	Davis, Ryan	11	19:46	5k
Keyes, Mikey	9	11:59	2 Miles	LaBelle, Ryan	11	20:32	5k
Manzella, Kai	9	12:31	2 Miles	Klunk, Dean	11	23:23	5k
McKenna, Daniel	9	12:31	2 Miles	Monterrosa Christian	11	DNF	5k
Bischoff, Nathan	9	12:33	2 Miles	Durmien, Conor	11	DNR	5k
Lum, Gavin	9	12:36	2 Miles	Lieter, Keoni	11	DNR	5k
Smith, Josh	9	12:40	2 Miles	Micciche, Lucas	11	DNR	5k
Bischoff, Kellen	9	12:44	2 Miles	Ott, Ryan	11	DNR	5k
Piszar, Jack	9	12:52	2 Miles	Athlete	Grade	Time	Distance
Cruz-Bravo, Javier	9	13:17	2 Miles	Middleton, Trevor	12	17:48	5k
Paco, David	9	14:55	2 Miles	Thaler, Eric	12	18:32	5k
Adams, Jeremy	9	17:11	2 Miles	Flaherty, Ryan	12	18:49	5k
Stefanski, Davis	9	17:21	2 Miles	Forte, Evan	12	19:26	5k
Brindley, Nathan#	9	DNR	2 Miles	Shackelton, Mike	12	19:34	5k
Brindley, Scott#	9	DNR	2 Miles	Pelusio, Spencer	12	19:39	5k
Athlete	Grade	Time	Distance	Watson, Brooks	12	20:34	5k
Chanda, Michael	10	17:04	5k	Johnston, TJ	12	22:12	5k
Sincavage, Timothy	10	17:57	5k	Schaub, Marty	12	23:23	5k
Bates, Dylan	10	17:59	5k	Damato, Jake	12	24:22	5k
Mastandrea, John	10	18:04	5k	Van Liew, Dillon	12	DNF	5k
Guzewicz Nick	10	18:32	5k	Pierro, Matthew	12	DNR	5k
Van Liew, Logan	10	18:56	5k				
Olkowski, Thomas	10	19:18	5k				
Gnagey, Aaron	10	19:30	5k				
Sari, Dominic	10	19:40	5k				
Desiderio, Nick	10	19:44	5k				
D'Amelio, Nunzio	10	20:09	5k				
Hille, JT	10	20:34	5k				
Pelusio, Braden	10	20:42	5k				
Kilcommons, Brian	10	20:48	5k				
DeHart, Kevin	10	23:20	5k				
Raylman, Nicholas	10	24:21	5k				
Sirisky, Jaden	10	24:35	5k				
Braddock, Jackson	10	DNR	5k				

Top 12
 Braddock, Jackson
 Chanda, Michael
 Lemley, Nick
 Jani, Jayant
 Middleton, Trevor
 Sincavage, Timothy
 Bates, Dylan
 Bates, Dean
 Mastandrea, John
 Guzewicz Nick
 Thaler, Eric
 Flaherty, Ryan

Meet Apple
 Reese, Baylor

NOTES
 Freshman were Team Champions
 Team was 3rd overall Combined

Top 7
 1-5: 17:36 / 0:52
 1-7: 17:43 / 0:55

Frosh
 1-5: 11:27 / 0:14
 1-7: 11:32 / 0:40

Juniors
 1-5: 18:18 / 1:51
 1-7: 18:41 / 2:12

JV 7
 1-5: 18:34 / 0:50
 1-7: 18:44 / 1:13

Soph
 1-5: 17:55 / 1:27
 1-7: 18:16 / 2:13

Senior
 1-5: 18:50 / 1:46
 1-7: 19:12 / 2:46

Bowdoin Park Cross Country Classic

@ Bowdoin County Park, Wappingers Falls, NY

Saturday September 22nd, 2018

<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Bates, Gavin	9	10:50	3k
Sininsky, Ryan	9	10:54	3k
Sininsky, Tyler	9	10:55	3k
Reese, Baylor	9	10:57	3k
Harrison, Jake	9	11:06	3k
Keyes, Mikey	9	11:19	3k
Mathews, Jack	9	DQ	3k
<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Chanda, Michael	10	18:32	5k
Middleton, Trevor	12	18:51	5k
Mastandrea, John	10	18:56	5k
Bates, Dean	11	19:10	5k
Bates, Dylan	10	19:11	5k
Lemley, Nick	11	19:13	5k
Sincavage, Timothy	10	19:21	5k
<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Thaler, Eric	12	19:16	5k
Reck, Alex	11	19:21	5k
Jani, Jayant	11	19:49	5k
Lieter, Keoni	11	19:52	5k
Van Liew, Logan	10	20:02	5k
Guzewicz Nick	10	20:10	5k
Flaherty, Ryan	12	20:29	5k

Top 12

Bates, Dean
 Bates, Dylan
 Bates, Gavin
 Braddock, Jackson
 Chanda, Michael
 Jani, Jayant
 Lemley, Nick
 Mastandrea, John
 Middleton, Trevor
 Reck, Alex
 Sincavage, Timothy
 Thaler, Eric

Meet Apple

Mastandrea, John

NOTES

Freshman were Team Champions
 (2nd Year in a Row)

Top 7

1-5: 18:56 / 0:39
 1-7: 19:02 / 0:48

Frosh

1-5: 10:56 / 0:16
 1-7: NA / NA

Juniors

1-5: 19:29 / 0:42
 1-7: NA / NA

JV 7

1-5: 19:40 / 0:46
 1-7: 19:51 / 1:13

Soph

1-5: 19:12 / 1:30
 1-7: NA / NA

Senior

1-5: NA / NA
 1-7: NA / NA

Bowdoin Park Cross Country Classic

@ Bowdoin County Park, Wappingers Falls, NY
Saturday September 22nd, 2018

<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Bates, Gavin	9	10:50	3k
Sininsky, Ryan	9	10:54	3k
Sininsky, Tyler	9	10:55	3k
Reese, Baylor	9	10:57	3k
Harrison, Jake	9	11:06	3k
Keyes, Mikey	9	11:19	3k
Mathews, Jack	9	DQ	3k
<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Chanda, Michael	10	18:32	5k
Middleton, Trevor	12	18:51	5k
Mastandrea, John	10	18:56	5k
Bates, Dean	11	19:10	5k
Bates, Dylan	10	19:11	5k
Lemley, Nick	11	19:13	5k
Sincavage, Timothy	10	19:21	5k
<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Thaler, Eric	12	19:16	5k
Reck, Alex	11	19:21	5k
Jani, Jayant	11	19:49	5k
Lieter, Keoni	11	19:52	5k
Van Liew, Logan	10	20:02	5k
Guzewicz Nick	10	20:10	5k
Flaherty, Ryan	12	20:29	5k

Top 12

Bates, Dean
Bates, Dylan
Bates, Gavin
Braddock, Jackson
Chanda, Michael
Jani, Jayant
Lemley, Nick
Mastandrea, John
Middleton, Trevor
Reck, Alex
Sincavage, Timothy
Thaler, Eric

Meet Apple

Mastandrea, John

NOTES

Freshman were Team Champions
(2nd Year in a Row)

Top 7

1-5: 18:56 / 0:39
1-7: 19:02 / 0:48

Frosh

1-5: 10:56 / 0:16
1-7: NA / NA

Juniors

1-5: 19:29 / 0:42
1-7: NA / NA

JV 7

1-5: 19:40 / 0:46
1-7: 19:51 / 1:13

Soph

1-5: 19:12 / 1:30
1-7: NA / NA

Senior

1-5: NA / NA
1-7: NA / NA

Shore Track Coaches XC Invitational

Holmdel Park, Holmdel, NJ

Saturday October 6th, 2018

<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>	<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Bates, Gavin	9	12:10	2 Miles	Mastandrea, John	10	18:29	5k
Sininsky, Ryan	9	12:12	2 Miles	Sincavage, Timothy	10	18:35	5k
Sininsky, Tyler	9	12:15	2 Miles	Guzewicz Nick	10	19:03	5k
Reese, Baylor	9	12:25	2 Miles	Flaherty, Ryan	12	19:49	5k
Keyes, Mikey	9	12:31	2 Miles	Olkow ski, Thomas	10	19:59	5k
Harrison, Jake	9	12:49	2 Miles	D'Amelio, Nunzio	10	20:20	5k
McKenna, Daniel	9	12:56	2 Miles	Gnagey, Aaron	10	20:20	5k
Calsyn, Aidan	9	13:04	2 Miles	Forte, Evan	12	20:33	5k
Manzella, Kai	9	13:15	2 Miles	Davis, Ryan	11	20:40	5k
Lum, Gavin	9	13:27	2 Miles	Kilcommons, Brian	10	20:42	5k
Bischoff, Nathan	9	13:46	2 Miles	Pelusio, Spencer	12	20:43	5k
Smith, Josh	9	13:50	2 Miles	Sari, Dominic	10	20:47	5k
Pszar, Jack	9	14:02	2 Miles	LaBelle, Ryan	11	20:55	5k
Bischoff, Kellen	9	15:07	2 Miles	Van Liew, Dillon	12	21:20	5k
Cruz-Bravo, Javier	9	15:10	2 Miles	Desiderio, Nick	10	21:40	5k
Brindley, Scott	9	15:23	2 Miles	Pelusio, Braden	10	21:42	5k
Brindley, Nathan	9	15:29	2 Miles	Goetz, Patrick	11	22:04	5k
Paco, David	9	15:52	2 Miles	Pierro, Matthew	12	22:04	5k
Adams, Jeremy	9	18:08	2 Miles	Watson, Brooks	12	22:31	5k
Stefanski, Davis	9	18:33	2 Miles	Hille, JT	10	22:35	5k
Mathews, Jack	9	DNR	2 Miles	DeHart, Kevin	10	22:44	5k
<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>	Schaub, Marty	12	22:50	5k
Jani, Jayant	11	18:05	5k	Johnston, TJ	12	23:08	5k
Middleton, Trevor	12	18:27	5k	Klunk, Dean	11	23:48	5k
Bates, Dean	11	18:34	5k	Raylman, Nicholas	10	24:16	5k
Bates, Dylan	10	18:45	5k	Durnien, Conor	11	24:43	5k
Lemley, Nick	11	18:47	5k	Damato, Jake	12	24:55	5k
Lieter, Keoni	11	19:24	5k	Mendez, Justin	12	25:24	5k
Thaler, Eric	12	19:37	5k	Sirisky, Jaden	10	25:34	5k
				Monterrosa Christian	11	25:34	5k
				Ott, Ryan	11	DNF	5k
<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>	Braddock, Jackson	10	DNF	5k
				Chanda, Michael	10	DNF	5k
				Van Liew, Logan	10	DNF	5k
				Boero, Collin	11	DNF	5k
				Micciche, Lucas	11	DNF	5k
				Reck, Alex	11	DNF	5k
				Shackelton, Mike	12	DNF	5k
				Skodi, Sam	12	DNF	5k

Top 12

(alphabetical)

Bates, Dean	11
Bates, Dylan	10
Braddock, Jackson	10
Chanda, Michael	10
Guzewicz Nick	10
Jani, Jayant	11
Lemley, Nick	11
Lieter, Keoni	11
Mastandrea, John	10
Middleton, Trevor	12
Sincavage, Timothy	10
Thaler, Eric	12

Meet Apple

McKenna, Daniel

NOTES

Freshman won Team Title

Soph: 34

Jrs: 37

Srs: 55

Top 7

1-5: 18:32 / 0:42
1-7: 18:48 / 1:32

Frosh (2 mile)

1-5: 12:19 / 0:21
1-7: 12:28 / 0:46

Juniors

1-5: 19:06 / 2:35
1-7: 19:47 / 3:59

JV 7

1-5: 19:11 / 1:30
1-7: 19:31 / 1:51

Soph

1-5: 18:58 / 1:30
1-7: 19:22 / 1:51

Senior

1-5: 19:50 / 2:16
1-7: 20:22 / 3:37

Southern Road Race
Southern Roads, Manahawkin, NJ
Thursday October 11th, 2018

<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>	<u>*Con</u>	<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>	<u>*Con</u>
Braddock, Jackson	10	13:04	2.5 Miles	16:12	Bischoff, Nathan	9	16:40	2.5 Miles	20:40
Jani, Jayant	11	13:15	2.5 Miles	16:26	Piszar, Jack	9	16:58	2.5 Miles	21:02
Bates, Dylan	10	13:30	2.5 Miles	16:44	Van Liew , Dillon	12	17:09	2.5 Miles	21:16
Thaler, Eric	12	13:31	2.5 Miles	16:46	Klunk, Dean	11	17:12	2.5 Miles	21:20
Bates, Dean	11	13:40	2.5 Miles	16:57	Johnston, TJ	12	17:14	2.5 Miles	21:22
Lieter, Keoni	11	13:42	2.5 Miles	16:59	Bischoff, Kellen	9	17:23	2.5 Miles	21:33
Lemley, Nick	11	14:09	2.5 Miles	17:33	Damato, Jake	12	17:56	2.5 Miles	22:14
Sincavage, Timothy	10	14:10	2.5 Miles	17:34	Schaub, Marty	12	18:05	2.5 Miles	22:25
Sininsky, Tyler	9	14:19	2.5 Miles	17:45	Cruz-Bravo, Javier	9	18:26	2.5 Miles	22:51
Mastandrea, John	10	14:20	2.5 Miles	17:46	Micciche, Lucas	11	18:28	2.5 Miles	22:54
Flaherty, Ryan	12	14:25	2.5 Miles	17:53	Mendez, Justin	12	18:46	2.5 Miles	23:16
Guzewicz Nick	10	14:29	2.5 Miles	17:58	Brindley, Scott	9	18:56	2.5 Miles	23:29
Skodi, Sam	12	14:36	2.5 Miles	18:06	Raylman, Nicholas	10	19:14	2.5 Miles	23:51
Sininsky, Ryan	9	14:37	2.5 Miles	18:07	Sirisky, Jaden	10	20:29	2.5 Miles	25:24
Pelusio, Spencer	12	14:38	2.5 Miles	18:09	Paco, David	9	20:31	2.5 Miles	25:26
Shackelton, Mike	12	14:45	2.5 Miles	18:17	Keyes, Mikey	9	20:41	2.5 Miles	25:39
Harrison, Jake	9	14:47	2.5 Miles	18:20	Adams, Jeremy	9	20:51	2.5 Miles	25:51
D'Amelio, Nunzio	10	14:58	2.5 Miles	18:34	Stefanski, Davis	9	22:11	2.5 Miles	27:30
Olkow ski, Thomas	10	15:06	2.5 Miles	18:43	Brindley, Nathan	9	DNF	2.5 Miles	
Gnagey, Aaron	10	15:10	2.5 Miles	18:48	Chanda, Michael	10	DNF	2.5 Miles	
Reese, Baylor	9	15:12	2.5 Miles	18:51	Middleton, Trevor	12	DNF	2.5 Miles	
Forte, Evan	12	15:13	2.5 Miles	18:52	McKenna, Daniel	9	DNR	2.5 Miles	
Bates, Gavin	9	15:15	2.5 Miles	18:55	Smith, Josh	9	DNR	2.5 Miles	
Calsyn, Aidan	9	15:20	2.5 Miles	19:01	Desiderio, Nick	10	DNR	2.5 Miles	
Mathews, Jack	9	15:28	2.5 Miles	19:11	Van Liew , Logan	10	DNR	2.5 Miles	
Kilcommons, Brian	10	15:51	2.5 Miles	19:39	Boero, Collin	11	DNR	2.5 Miles	
Sari, Dominic	10	15:59	2.5 Miles	19:49	Davis, Ryan	11	DNR	2.5 Miles	
Pelusio, Braden	10	15:59	2.5 Miles	19:49	Durnien, Conon	11	DNR	2.5 Miles	
Pierro, Matthew	12	16:06	2.5 Miles	19:58	Goetz, Patrick	11	DNR	2.5 Miles	
Manzella, Kai	9	16:17	2.5 Miles	20:11	LaBelle, Ryan	11	DNR	2.5 Miles	
Hille, JT	10	16:20	2.5 Miles	20:15	Monterrosa Christian	11	DNR	2.5 Miles	
Lum, Gavin	9	16:34	2.5 Miles	20:33	Ott, Ryan	11	DNR	2.5 Miles	
Watson, Brooks	12	16:35	2.5 Miles	20:34	Reck, Alex	11	DNR	2.5 Miles	
DeHart, Kevin	10	16:37	2.5 Miles	20:36					

Top 12

(alphabetical)

Bates, Dean
Bates, Dylan
Braddock, Jackson
Chanda, Michael
Jani, Jayant
Lemley, Nick
Lieter, Keoni
Mastandrea, John
Middleton, Trevor
Sincavage, Timothy
Sininsky, Tyler
Thaler, Eric

Meet Apple

Sininsky, Tyler

Top 7

1-5: 16:37 / 0:45
1-7: 16:48 / 1:21

JV 7

1-5: 17:47 / 0:24
1-7: 17:53 / 0:33

Frosh

1-5: 18:24 / 1:09
1-7: 18:36 / 1:26

Soph

1-5: 17:15 / 1:45
1-7: 17:39 / 2:31

Juniors

1-5: 17:51 / 4:54
1-7: NA / NA

Senior

1-5: 17:50 / 1:32
1-7: 18:17 / 3:12

Ocean County Championships

Ocean County Park, Lakewood, NJ

Thursday October 18th, 2018

Athlete	Grade	Time	Distance
Bates, Gavin	9	11:35	2 Miles
Sininsky, Ryan	9	11:49	2 Miles
Reese, Baylor	9	11:50	2 Miles
Keyes, Mikey	9	11:53	2 Miles
Sininsky, Tyler	9	11:55	2 Miles
Harrison, Jake	9	12:04	2 Miles
Mathews, Jack	9	12:11	2 Miles
McKenna, Daniel	9	12:11	2 Miles
Calsyn, Aidan	9	12:22	2 Miles
Lum, Gavin	9	12:23	2 Miles
Manzella, Kai	9	12:49	2 Miles
Bischoff, Nathan	9	13:00	2 Miles
Piszar, Jack	9	13:04	2 Miles
Smith, Josh	9	13:33	2 Miles
Bischoff, Kellen	9	13:42	2 Miles
Cruz-Bravo, Javier	9	13:46	2 Miles
Paco, David	9	14:28	2 Miles
Brindley, Scott	9	14:47	2 Miles
Brindley, Nathan	9	14:50	2 Miles
Adams, Jeremy	9	15:46	2 Miles
Stefanski, Davis	9	DNR	2 Miles
Athlete	Grade	Time	Distance
Braddock, Jackson	10	16:17	5k
Middleton, Trevor	12	17:15	5k
Jani, Jayant	11	17:15	5k
Bates, Dean	11	17:46	5k
Thaler, Eric	12	17:57	5k
Bates, Dylan	10	18:00	5k
Chanda, Michael	10	DNF	5k

Athlete	Grade	Time	Distance
Sincavage, Timothy	10	17:06	5k
Lemley, Nick	11	17:18	5k
Van Liew, Logan	10	17:40	5k
Lieter, Keoni	11	17:48	5k
Mastandrea, John	10	17:49	5k
Guzewicz Nick	10	18:04	5k
Skodi, Sam	12	18:13	5k
Forte, Evan	12	18:14	5k
Shackelton, Mike	12	18:14	5k
Flaherty, Ryan	12	18:17	5k
Olkowski, Thomas	10	18:26	5k
Ott, Ryan	11	18:28	5k
Davis, Ryan	11	18:30	5k
Gnagey, Aaron	10	18:36	5k
D'Amelio, Nunzio	10	18:40	5k
Pelusio, Spencer	12	18:48	5k
Desiderio, Nick	10	19:10	5k
Kilcommons, Brian	10	19:19	5k
Pierro, Matthew	12	19:57	5k
Pelusio, Braden	10	20:01	5k
Goetz, Patrick	11	20:09	5k
Van Liew, Dillon	12	20:15	5k
Sari, Dominic	10	20:22	5k
Hille, JT	10	20:36	5k
DeHart, Kevin	10	20:45	5k
Schaub, Marty	12	20:54	5k
Watson, Brooks	12	21:27	5k
Johnston, Tj	12	21:32	5k
Klunk, Dean	11	21:46	5k
Raylman, Nicholas	10	22:02	5k
Mendez, Justin	12	22:02	5k
Damato, Jake	12	22:42	5k
Sirisky, Jaden	10	23:46	5k
Monterrosa Christian	11	DNF	5k
Boero, Collin	11	DNR	5k
Durnien, Conor	11	DNR	5k
LaBelle, Ryan	11	DNR	5k
Micciche, Lucas	11	DNR	5k
Reck, Alex	11	DNR	5k

Top 12 (alphabetical)

Bates, Dean	11
Bates, Dylan	10
Braddock, Jackson	10
Chanda, Michael	10
Jani, Jayant	11
Lemley, Nick	11
Lieter, Keoni	11
Mastandrea, John	10
Middleton, Trevor	12
Sincavage, Timothy	10
Thaler, Eric	12
Van Liew, Logan	10

Meet Apple

Schaub, Marty

Notes

- JV Champs
 - Tim Sincavage – Overall Winner
- Frosh Team Champs
 - Gavin Bates – Overall Winner
- Varsity 5th Overall

Class "Vs" Score

Soph: 29

Junior: 42

Senior: 55

Top 7

1-5: 17:18 / 1:40
1-7: NA / NA

Frosh

1-5: 11:48 / 0:20
1-7: 11:54 / 0:36

Juniors

1-5: 17:43 / 1:13
1-7: 18:11 / 2:54

JV 7

1-5: 17:32 / 0:43
1-7: 17:43 / 1:07

Soph

1-5: 17:22 / 1:43
1-7: 17:37 / 2:09

Senior

1-5: 17:59 / 0:59
1-7: 18:08 / 1:33

A-South Championships

Ocean County Park, Lakewood, NJ
Monday October 22nd, 2018

<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>	<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Lemley, Nick	11	17:11	5k	Skodi, Sam	12	17:58	5k
Middleton, Trevor	12	17:14	5k	Van Liew, Dillon	12	18:06	5k
Jani, Jayant	11	17:21	5k	Ott, Ryan	11	18:11	5k
Bates, Dean	11	17:24	5k	Flaherty, Ryan	12	18:21	5k
Bates, Dylan	10	17:27	5k	Shackelton, Mike	12	18:29	5k
Lieter, Keoni	11	17:30	5k	Davis, Ryan	11	18:41	5k
Braddock, Jackson	10	17:37	5k	Hille, JT	10	18:51	5k
Thaler, Eric	12	17:43	5k	D'Amelio, Nunzio	10	19:00	5k
Sincavage, Timothy	10	17:50	5k	Olkowski, Thomas	10	19:07	5k
Mastandrea, John	10	17:57	5k	Kilcommons, Brian	10	19:10	5k
Guzewicz Nick	10	18:00	5k	Forte, Evan	12	19:24	5k
Van Liew, Logan	10	19:03	5k	Desiderio, Nick	10	19:36	5k
				Pelusio, Spencer	12	19:52	5k
				Pierro, Matthew	12	19:56	5k
				Pelusio, Braden	10	20:07	5k
				Sari, Dominic	10	20:10	5k
				DeHart, Kevin	10	20:15	5k
				Watson, Brooks	12	21:07	5k
				Schaub, Marty	12	21:46	5k
				Johnston, TJ	12	21:53	5k
				Durnien, Conor	11	22:54	5k
				Klunk, Dean	11	23:06	5k
				Damato, Jake	12	23:17	5k
				Raylman, Nicholas	10	23:18	5k
				Micciche, Lucas	11	23:49	5k
				Sirisky, Jaden	10	23:59	5k
				Gnagey, Aaron	10	DNF	5k
				Chanda, Michael	10	DNR	5k
				Goetz, Patrick	11	DNR	5k
				Mendez, Justin	12	DNR	5k
				Monterrosa Christian	11	DNR	5k
				Boero, Collin	11	DNR	5k
				LaBelle, Ryan	11	DNR	5k
				Reck, Alex	11	DNR	5k

Top 12

(alphabetical)

Bates, Dean	11
Bates, Dylan	10
Braddock, Jackson	10
Chanda, Michael	10
Jani, Jayant	11
Lemley, Nick	11
Lieter, Keoni	11
Mastandrea, John	10
Middleton, Trevor	12
Sincavage, Timothy	10
Skodi, Sam	12
Thaler, Eric	12

Meet Apple

Skodi, Sam

Notes

- JV Race
 - Sam Skodi – Overall Winner
- Varsity Race
 - Finished the 3rd in A-South

Class "Vs" Score

Soph: 43

Junior: 28

Senior: 49

Top 7

1-5: 17:19 / 0:16
1-7: 17:23 / 0:26

Frosh

1-5: NA / NA
1-7: NA / NA

Juniors

1-5: 17:31 / 1:00
1-7: 18:27 / 5:43

JV 7

1-5: 18:13 / 0:31
1-7: 18:22 / 0:53

Soph

1-5: 17:46 / 0:33
1-7: 18:06 / 1:33

Senior

1-5: 17:52 / 1:07
1-7: 18:11 / 2:10

Shore Conference Championships

Ocean County Park, Lakewood, NJ

Thursday, October 25th, 2018

Athlete	Grade	Time	Distance	Athlete	Grade	Time	Distance
Guzewicz Nick	10	17:39	5k	Reese, Baylor	9	11:36	2 Miles
Van Liew, Logan	10	17:46	5k	Harrison, Jake	9	11:36	2 Miles
Shackelton, Mike	12	18:02	5k	Keyes, Mikey	9	11:43	2 Miles
Forte, Evan	12	18:08	5k	Sininsky, Tyler	9	11:47	2 Miles
Flaherty, Ryan	12	18:20	5k	Mathews, Jack	9	11:48	2 Miles
D'Amelio, Nunzio	10	18:20	5k	Bates, Gavin	9	11:52	2 Miles
Reck, Alex	11	18:22	5k	Sininsky, Ryan	9	11:56	2 Miles
Gnagey, Aaron	10	18:26	5k	McKenna, Daniel	9	11:58	2 Miles
Ott, Ryan	11	18:29	5k	Calsyn, Aidan	9	12:00	2 Miles
Pelusio, Spencer	12	18:35	5k	Lum, Gavin	9	12:05	2 Miles
Kilcommons, Brian	10	18:43	5k	Bischoff, Nathan	9	12:30	2 Miles
Desiderio, Nick	10	18:43	5k	Piszar, Jack	9	12:32	2 Miles
Hille, JT	10	18:45	5k	Manzella, Kai	9	12:37	2 Miles
Olkowski, Thomas	10	18:46	5k	Smith, Josh	9	12:56	2 Miles
Pelusio, Braden	10	18:46	5k	Bischoff, Kellen	9	13:32	2 Miles
Goetz, Patrick	11	19:17	5k	Cruz-Bravo, Javier	9	13:51	2 Miles
Sari, Dominic	10	19:20	5k	Paco, David	9	13:59	2 Miles
Pierro, Matthew	12	19:31	5k	Adams, Jeremy	9	15:31	2 Miles
Van Liew, Dillon	12	19:38	5k	Stefanski, Davis	9	15:34	2 Miles
Johnston, TJ	12	19:59	5k				
Athlete	Grade	Time	Distance	Athlete	Grade	Time	Distance
DeHart, Kevin	10	20:09	5k	Middleton, Trevor	12	DNR	5k
Watson, Brooks	12	21:01	5k	Skodi, Sam	12	DNR	5k
Schaub, Marty	12	21:05	5k	Thaler, Eric	12	DNR	5k
Klunk, Dean	11	21:10	5k	Bates, Dean	11	DNR	5k
Mendez, Justin	12	21:10	5k	Boero, Collin	11	DNR	5k
Raylman, Nicholas	10	21:12	5k	Davis, Ryan	11	DNR	5k
Durnien, Conor	11	21:12	5k	Jani, Jayant	11	DNR	5k
Damato, Jake	12	21:14	5k	LaBelle, Ryan	11	DNR	5k
Micciche, Lucas	11	21:39	5k	Lemley, Nick	11	DNR	5k
Sirisky, Jaden	10	23:12	5k	Lieter, Keoni	11	DNR	5k
				Monterrosa Christian	11	DNR	5k
				Bates, Dylan	10	DNR	5k
				Braddock, Jackson	10	DNR	5k
				Chanda, Michael	10	DNR	5k
				Mastandrea, John	10	DNR	5k
				Sincavage, Timothy	10	DNR	5k

Top 12

(alphabetical)

Bates, Dean	11
Bates, Dylan	10
Braddock, Jackson	10
Chanda, Michael	10
Guzewicz Nick	10
Jani, Jayant	11
Lemley, Nick	11
Lieter, Keoni	11
Mastandrea, John	10
Middleton, Trevor	12
Sincavage, Timothy	10
Thaler, Eric	12

Meet Apple

D'Amelio, Nunzio

Notes

- Frosh
 - 2nd to CBA by 8 points

Class "Vs" Score

Soph: 27
Junior: 67
Senior: 38

Top 7

1-5: 17:59 / 0:41
1-7: 18:08 / 0:43

Frosh

1-5: 11:42 / 0:12
1-7: 11:45 / 0:20

Juniors

1-5: 19:42 / 2:50
1-7: NA / NA

Next 7

1-5: 18:35 / 0:17
1-7: 18:38 / 0:20

Soph

1-5: 18:11 / 1:04
1-7: 18:20 / 1:06

Senior

1-5: 18:31 / 1:29
1-7: 18:53 / 1:57

The Future 7

Ocean County Park, Lakewood, NJ
Thursday, November 1st, 2018

<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Thaler, Eric	12	17:52	5k
Van Liew, Logan	10	17:53	5k
Skodi, Sam	12	17:58	5k
Mastandrea, John	10	18:27	5k
Ott, Ryan	11	18:29	5k
Guzewicz Nick	10	18:31	5k
Bates, Gavin	9	18:34	5k
Harrison, Jake	9	18:35	5k
Mathews, Jack	9	18:36	5k
McKenna, Daniel	9	18:36	5k
Shackelton, Mike	12	18:42	5k
Sininsky, Tyler	9	18:44	5k
Calsyn, Aidan	9	19:04	5k
Pelusio, Spencer	12	19:07	5k
Flaherty, Ryan	12	19:09	5k
D'Amelio, Nunzio	10	19:10	5k
Hille, JT	10	19:18	5k
Kilcommons, Brian	10	19:18	5k
Lum, Gavin	9	19:28	5k
Forte, Evan	12	19:33	5k
Van Liew, Dillon	12	19:35	5k
Sininsky, Ryan	9	19:40	5k
Manzella, Kai	9	19:43	5k
Sari, Dominic	10	19:46	5k
Pelusio, Braden	10	19:48	5k
Bischoff, Nathan	9	20:03	5k
Smith, Josh	9	20:05	5k
DeHart, Kevin	10	20:16	5k
LaBelle, Ryan	11	20:21	5k
Olkowski, Thomas	10	20:22	5k
Keyes, Mikey	9	20:22	5k
Goetz, Patrick	11	20:23	5k
Pierro, Matthew	12	20:24	5k

<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Piszar, Jack	9	20:35	5k
Schaub, Marty	12	21:25	5k
Bischoff, Kellen	9	21:44	5k
Johnston, TJ	12	21:53	5k
Watson, Brooks	12	22:10	5k
Damato, Jake	12	22:45	5k
Cruz-Bravo, Javier	9	22:47	5k
Micciche, Lucas	11	22:55	5k
Raylman, Nicholas	10	23:04	5k
Klunk, Dean	11	23:09	5k
Durnien, Conor	11	23:28	5k
Sirisky, Jaden	10	25:24	5k
Adams, Jeremy	9	25:29	5k
Monterrosa Christian	11	26:11	5k
Stefanski, Davis	9	26:54	5k
Davis, Ryan	11	DNF	5k
Mendez, Justin	12	DNR	5k
Middleton, Trevor	12	DNR	5k
Bates, Dean	11	DNR	5k
Boero, Collin	11	DNR	5k
Jani, Jayant	11	DNR	5k
Lemley, Nick	11	DNR	5k
Lieter, Keoni	11	DNR	5k
Reck, Alex	11	DNR	5k
Bates, Dylan	10	DNR	5k
Braddock, Jackson	10	DNR	5k
Chanda, Michael	10	DNR	5k
Desiderio, Nick	10	DNR	5k
Gnagey, Aaron	10	DNR	5k
Sincavage, Timothy	10	DNR	5k
Paco, David	9	DNR	5k
Reese, Baylor	9	DNR	5k

Top 12 (alphabetical)

Bates, Dean	11
Bates, Dylan	10
Braddock, Jackson	10
Chanda, Michael	10
Jani, Jayant	11
Lemley, Nick	11
Lieter, Keoni	11
Middleton, Trevor	12
Sincavage, Timothy	10
Skodi, Sam	12
Thaler, Eric	12
Van Liew, Logan	10

Meet Apple

Thaler, Eric

Class "Vs" Score

Frosh: 46

Soph: 45

Junior: 103

Senior: 44

Top 7

1-5: 18:08 / 0:37

1-7: 18:15 / 0:42

Frosh

1-5: 18:37 / 0:10

1-7: 18:48 / 0:54

Juniors

1-5: 21:03 / 4:40

1-7: 22:08 / 7:42

Next 7

1-5: 18:39 / 0:09

1-7: 18:46 / 0:32

Soph

1-5: 18:40 / 1:25

1-7: 18:55 / 1:53

Senior

1-5: 18:54 / 1:35

1-7: 19:13 / 2:26

NJSIAA Group 4 State Sectional Championships

Delsea Regional High School, Franklinville, NJ

Saturday, November 3rd, 2018

<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Sincavage, Timothy	10	17:32	5k
Jani, Jayant	11	17:44	5k
Bates, Dylan	10	18:05	5k
Middleton, Trevor	12	18:15	5k
Lieter, Keoni	11	18:17	5k
Bates, Dean	11	18:20	5k
Lemley, Nick	11	19:03	5k

Top 12

(alphabetical)

Bates, Dean	11
Bates, Dylan	10
Braddock, Jackson	10
Chanda, Michael	10
Jani, Jayant	11
Lemley, Nick	11
Lieter, Keoni	11
Middleton, Trevor	12
Sincavage, Timothy	10
Skodi, Sam	12
Thaler, Eric	12
Van Liew, Logan	10

Meet Apple

Sincavage, Tim

Notes

14th Place



CLASS OF 2019

SENIORS







Jake Damato

1st Year Varsity
Personal Best: 21:14

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Damato, Jake	10	2016.09.10	17:12	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Damato, Jake	10	2016.09.16	24:07	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Damato, Jake	10	2016.10.01	26:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Damato, Jake	10	2016.10.13	23:41	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Damato, Jake	10	2016.10.20	23:22	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
Damato, Jake	10	2016.10.27	23:09	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
Damato, Jake	10	2016.11.02	25:15	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
Damato, Jake	11	2017.09.09	15:57	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Damato, Jake	11	2017.09.15	23:44	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Damato, Jake	11	2017.09.29	22:01	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Damato, Jake	11	2017.10.07	24:36	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Damato, Jake	11	2017.10.12	22:17	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Damato, Jake	11	2017.10.19	21:50	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Damato, Jake	11	2017.10.26	21:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Damato, Jake	11	2017.11.01	22:37	The Future 7	Ocean County Park, Lakewood, NJ	5k
Damato, Jake	12	2018.09.08	16:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Damato, Jake	12	2018.09.14	24:22	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Damato, Jake	12	2018.09.28	21:35	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Damato, Jake	12	2018.10.06	24:55	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Damato, Jake	12	2018.10.11	17:56	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Damato, Jake	12	2018.10.18	22:42	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Damato, Jake	12	2018.10.22	23:17	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Damato, Jake	12	2018.10.25	21:14	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Damato, Jake	12	2018.11.01	22:45	The Future 7	Ocean County Park, Lakewood, NJ	5k





Ryan Flaherty

2nd Year Varsity

Personal Best: 18:17

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Flaherty, Ryan	9	2015.09.12	13:34	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Flaherty, Ryan	9	2015.09.18	12:55	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Flaherty, Ryan	9	2015.10.03	14:32	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Flaherty, Ryan	9	2015.10.15	20:03	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Flaherty, Ryan	9	2015.10.22	12:08	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Flaherty, Ryan	9	2015.10.29	11:59	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Flaherty, Ryan	10	2016.09.10	12:30	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Flaherty, Ryan	10	2016.09.16	19:13	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Flaherty, Ryan	10	2016.10.01	20:08	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Flaherty, Ryan	10	2016.10.13	19:18	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Flaherty, Ryan	10	2016.10.20	18:46	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
Flaherty, Ryan	11	2017.09.09	12:37	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Flaherty, Ryan	11	2017.09.15	DNF	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Flaherty, Ryan	12	2018.09.08	12:03	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Flaherty, Ryan	12	2018.09.14	18:49	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Flaherty, Ryan	12	2018.09.22	20:29	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Flaherty, Ryan	12	2018.09.28	17:41	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Flaherty, Ryan	12	2018.10.06	19:49	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Flaherty, Ryan	12	2018.10.11	14:25	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Flaherty, Ryan	12	2018.10.18	18:17	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Flaherty, Ryan	12	2018.10.22	18:21	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Flaherty, Ryan	12	2018.10.25	18:20	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Flaherty, Ryan	12	2018.11.01	19:09	The Future 7	Ocean County Park, Lakewood, NJ	5k





Evan Forte

3rd Year Varsity

Personal Best: 17:39*

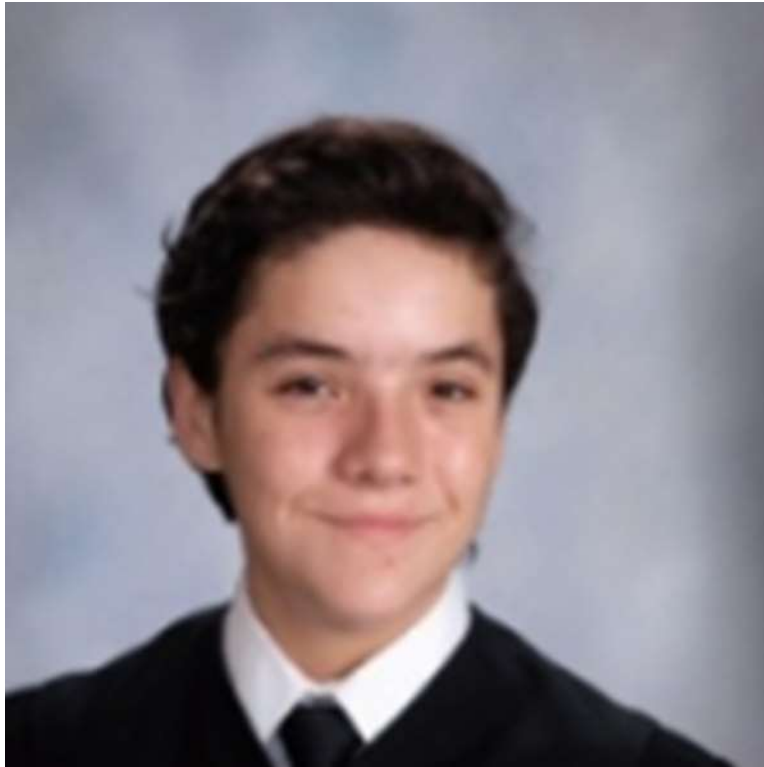
<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Forte, Evan	9	2015.09.12	13:15	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Forte, Evan	9	2015.09.18	11:58	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Forte, Evan	9	2015.10.22	11:57	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Forte, Evan	9	2015.10.29	11:58	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Forte, Evan	9	2015.10.15	19:46	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Forte, Evan	10	2016.09.10	13:38	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Forte, Evan	10	2016.09.16	18:56	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Forte, Evan	10	2016.10.01	20:38	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Forte, Evan	10	2016.10.13	18:16	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Forte, Evan	10	2016.10.20	18:39	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
Forte, Evan	10	2016.10.27	19:11	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
Forte, Evan	10	2016.11.02	19:31	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
Forte, Evan	11	2017.09.09	12:15	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Forte, Evan	11	2017.09.29	17:05	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Forte, Evan	11	2017.09.15	19:37	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Forte, Evan	11	2017.09.23	21:00	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Forte, Evan	11	2017.10.07	20:43	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Forte, Evan	11	2017.10.12	18:39	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Forte, Evan	11	2017.10.19	18:36	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Forte, Evan	11	2017.10.26	18:29	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Forte, Evan	11	2017.11.01	18:25	The Future 7	Ocean County Park, Lakewood, NJ	5k
Forte, Evan	12	2018.09.08	13:25	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Forte, Evan	12	2018.10.11	15:13	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Forte, Evan	12	2018.09.28	18:02	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Forte, Evan	12	2018.09.14	19:26	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Forte, Evan	12	2018.10.06	20:33	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Forte, Evan	12	2018.10.18	18:14	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Forte, Evan	12	2018.10.22	19:24	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Forte, Evan	12	2018.10.25	18:08	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Forte, Evan	12	2018.11.01	19:33	The Future 7	Ocean County Park, Lakewood, NJ	5k



Thomas (TJ) Johnston

1st Year Varsity
Personal Best: 19:54

Athlete	Grade	Date	Time	Meet	Location	Distance
Johnston, Thomas	10	2016.09.10	14:42	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Johnston, Thomas	10	2016.09.16	21:58	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Johnston, Thomas	10	2016.10.01	22:58	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Johnston, Thomas	10	2016.10.13	21:12	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Johnston, Thomas	10	2016.10.20	21:07	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
Johnston, Thomas	10	2016.10.27	20:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
Johnston, Thomas	10	2016.11.02	22:11	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
Johnston, Thomas	11	2017.09.09	13:29	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Johnston, Thomas	11	2017.09.15	21:19	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Johnston, Thomas	11	2017.09.29	19:56	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Johnston, Thomas	11	2017.10.07	23:06	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Johnston, Thomas	11	2017.10.12	20:45	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Johnston, Thomas	11	2017.10.19	21:09	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Johnston, Thomas	11	2017.10.26	19:54	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Johnston, Thomas	12	2018.09.08	14:39	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Johnston, Thomas	12	2018.09.14	22:12	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Johnston, Thomas	12	2018.09.28	20:52	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Johnston, Thomas	12	2018.10.06	23:08	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Johnston, Thomas	12	2018.10.11	17:14	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Johnston, Thomas	12	2018.10.18	21:32	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Johnston, Thomas	12	2018.10.22	21:53	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Johnston, Thomas	12	2018.10.25	19:59	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Johnston, Thomas	12	2018.11.01	21:53	The Future 7	Ocean County Park, Lakewood, NJ	5k



Justin Mendez
1st Year Varsity
Personal Best: 21:10

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Mendez, Justin	12	2018.10.06	25:24	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Mendez, Justin	12	2018.10.11	18:46	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Mendez, Justin	12	2018.10.18	22:02	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Mendez, Justin	12	2018.10.22	DNR	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Mendez, Justin	12	2018.10.25	21:10	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Mendez, Justin	12	2018.11.01	DNR	The Future 7	Ocean County Park, Lakewood, NJ	5k





Trevor Middleton

3rd Year Varsity
Personal Best: 16:54

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Middleton, Trevor	9	2015.10.03	13:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Middleton, Trevor	9	2015.10.22	11:32	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Middleton, Trevor	9	2015.10.29	11:37	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Middleton, Trevor	10	2016.09.10	12:14	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Middleton, Trevor	10	2016.09.16	18:08	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Middleton, Trevor	10	2016.09.22	19:27	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
Middleton, Trevor	10	2016.10.01	19:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Middleton, Trevor	10	2016.10.13	17:58	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Middleton, Trevor	10	2016.10.20	17:48	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
Middleton, Trevor	10	2016.10.27	19:03	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
Middleton, Trevor	10	2016.11.02	19:04	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
Middleton, Trevor	11	2017.09.09	11:02	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Middleton, Trevor	11	2017.09.23	18:58	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Middleton, Trevor	11	2017.10.07	19:28	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Middleton, Trevor	11	2017.10.12	17:20	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Middleton, Trevor	11	2017.10.19	17:32	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Middleton, Trevor	11	2017.10.26	16:54	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Middleton, Trevor	11	2017.11.04	17:12	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k
Middleton, Trevor	11	2017.11.11	19:05	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5k
Middleton, Trevor	12	2018.09.08	11:02	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Middleton, Trevor	12	2018.09.14	17:48	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Middleton, Trevor	12	2018.09.22	18:51	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Middleton, Trevor	12	2018.10.06	18:27	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Middleton, Trevor	12	2018.10.11	DNF	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Middleton, Trevor	12	2018.10.18	17:15	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Middleton, Trevor	12	2018.10.22	17:14	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Middleton, Trevor	12	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Middleton, Trevor	12	2018.11.01	DNR	The Future 7	Ocean County Park, Lakewood, NJ	5k
Middleton, Trevor	12	2018.11.03	18:15	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k

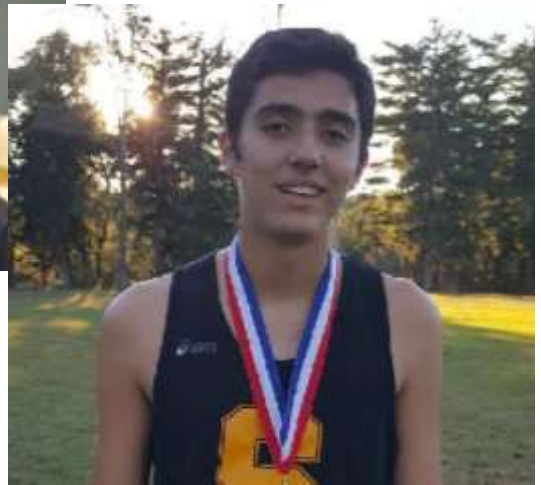




Spencer Pelusio

2nd Year Varsity
Personal Best: 18:35

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Pelusio, Spencer	9	2015.09.12	13:02	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Pelusio, Spencer	9	2015.09.18	12:36	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Pelusio, Spencer	9	2015.10.15	20:11	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Pelusio, Spencer	9	2015.10.22	12:09	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Pelusio, Spencer	9	2015.10.29	12:22	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Pelusio, Spencer	10	2016.09.10	13:34	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Pelusio, Spencer	10	2016.09.16	20:18	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Pelusio, Spencer	10	2016.10.01	21:08	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Pelusio, Spencer	10	2016.10.13	20:05	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Pelusio, Spencer	10	2016.10.20	19:36	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
Pelusio, Spencer	10	2016.10.27	20:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
Pelusio, Spencer	10	2016.11.02	21:29	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
Pelusio, Spencer	11	2017.09.09	12:05	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Pelusio, Spencer	11	2017.09.15	20:00	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Pelusio, Spencer	11	2017.09.29	19:04	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Pelusio, Spencer	11	2017.10.12	19:37	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Pelusio, Spencer	11	2017.10.19	19:33	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Pelusio, Spencer	11	2017.10.26	19:50	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Pelusio, Spencer	11	2017.11.01	19:27	The Future 7	Ocean County Park, Lakewood, NJ	5k
Pelusio, Spencer	12	2018.09.08	12:51	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Pelusio, Spencer	12	2018.09.14	19:39	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Pelusio, Spencer	12	2018.09.28	18:17	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Pelusio, Spencer	12	2018.10.06	20:43	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Pelusio, Spencer	12	2018.10.11	14:38	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Pelusio, Spencer	12	2018.10.18	18:48	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Pelusio, Spencer	12	2018.10.22	19:52	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Pelusio, Spencer	12	2018.10.25	18:35	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Pelusio, Spencer	12	2018.11.01	19:07	The Future 7	Ocean County Park, Lakewood, NJ	5k





Matthew Pierro

2nd Year Varsity
Personal Best: 18:37

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Pierro, Matthew	9	2015.09.12	14:31	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Pierro, Matthew	9	2015.09.18	13:44	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Pierro, Matthew	9	2015.10.03	16:30	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Pierro, Matthew	9	2015.10.15	22:00	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Pierro, Matthew	9	2015.10.22	13:28	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Pierro, Matthew	9	2015.10.29	13:47	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Pierro, Matthew	10	2016.09.10	14:09	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Pierro, Matthew	10	2016.09.16	21:40	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Pierro, Matthew	10	2016.10.01	22:48	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Pierro, Matthew	10	2016.10.13	20:44	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Pierro, Matthew	10	2016.10.20	20:20	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
Pierro, Matthew	10	2016.10.27	20:40	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
Pierro, Matthew	11	2017.09.09	12:14	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Pierro, Matthew	11	2017.09.15	19:58	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Pierro, Matthew	11	2017.09.29	18:51	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Pierro, Matthew	11	2017.10.07	20:56	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Pierro, Matthew	11	2017.10.12	19:11	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Pierro, Matthew	11	2017.10.19	18:37	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Pierro, Matthew	11	2017.10.26	18:37	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Pierro, Matthew	11	2017.11.01	18:56	The Future 7	Ocean County Park, Lakewood, NJ	5k
Pierro, Matthew	12	2018.09.08	DNR	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Pierro, Matthew	12	2018.09.14	DNR	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Pierro, Matthew	12	2018.09.28	DNR	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Pierro, Matthew	12	2018.10.06	22:04	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Pierro, Matthew	12	2018.10.11	16:06	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Pierro, Matthew	12	2018.10.18	19:57	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Pierro, Matthew	12	2018.10.22	19:56	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Pierro, Matthew	12	2018.10.25	19:31	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Pierro, Matthew	12	2018.11.01	20:24	The Future 7	Ocean County Park, Lakewood, NJ	5k
Pierro, Matthew	10	2016.11.02	21:02	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K



Marty Schaub

1st Year Varsity
Personal Best: 20:54

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Schaub, Martin	9	2015.10.15	26:19	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Schaub, Martin	9	2015.10.22	14:43	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Schaub, Martin	10	2016.09.10	17:32	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Schaub, Martin	10	2016.09.16	26:46	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Schaub, Martin	10	2016.10.01	29:53	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Schaub, Martin	10	2016.10.13	26:40	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Schaub, Martin	10	2016.10.20	24:31	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
Schaub, Martin	10	2016.10.27	23:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
Schaub, Marty	11	2017.09.09	15:57	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Schaub, Marty	11	2017.09.15	24:37	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Schaub, Marty	11	2017.09.29	22:44	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Schaub, Marty	11	2017.10.07	26:51	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Schaub, Marty	11	2017.10.12	24:43	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Schaub, Marty	11	2017.10.19	23:30	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Schaub, Marty	11	2017.10.26	21:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Schaub, Marty	12	2018.09.08	14:53	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Schaub, Marty	12	2018.09.14	23:23	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Schaub, Marty	12	2018.09.28	21:09	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Schaub, Marty	12	2018.10.06	22:50	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Schaub, Marty	12	2018.10.11	18:05	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Schaub, Marty	12	2018.10.18	20:54	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Schaub, Marty	12	2018.10.22	21:46	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Schaub, Marty	12	2018.10.25	21:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Schaub, Marty	12	2018.11.01	21:25	The Future 7	Ocean County Park, Lakewood, NJ	5k



Michael Shackleton

1st Year Varsity

Personal Best: 18:02

Athlete	Grade	Date	Time	Meet	Location	Distance
Shackleton, Michael	11	2017.09.09	13:10	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Shackleton, Michael	11	2017.09.15	21:29	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Shackleton, Michael	11	2017.09.29	19:28	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Shackleton, Michael	11	2017.10.07	23:21	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Shackleton, Michael	11	2017.10.12	21:16	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Shackleton, Michael	11	2017.10.19	20:02	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Shackleton, Michael	11	2017.10.26	19:37	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Shackleton, Michael	11	2017.11.01	19:44	The Future 7	Ocean County Park, Lakewood, NJ	5k
Shackleton, Michael	12	2018.09.08	12:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Shackleton, Michael	12	2018.09.14	19:34	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Shackleton, Michael	12	2018.09.28	18:47	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Shackleton, Michael	12	2018.10.06	DNR	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Shackleton, Michael	12	2018.10.11	14:45	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Shackleton, Michael	12	2018.10.18	18:14	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Shackleton, Michael	12	2018.10.22	18:29	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Shackleton, Michael	12	2018.10.25	18:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Shackleton, Michael	12	2018.11.01	18:42	The Future 7	Ocean County Park, Lakewood, NJ	5k





Samuel Skodi
1st Year Varsity
Personal Best: 17:58

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Skodi, Sam	12	2018.10.06	DNR	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Skodi, Sam	12	2018.10.11	14:36	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Skodi, Sam	12	2018.10.18	18:13	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Skodi, Sam	12	2018.10.22	17:58	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Skodi, Sam	12	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Skodi, Sam	12	2018.11.01	17:58	The Future 7	Ocean County Park, Lakewood, NJ	5k





Eric Thaler
4th Year Varsity
Personal Best: 17:40

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Thaler, Eric	9	2015.09.12	11:39	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Thaler, Eric	9	2015.09.18	18:27	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Thaler, Eric	9	2015.09.26	19:29	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Thaler, Eric	9	2015.10.03	12:39	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Thaler, Eric	9	2015.10.15	18:16	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Thaler, Eric	9	2015.10.22	11:00	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Thaler, Eric	9	2015.10.29	11:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Thaler, Eric	10	2016.09.10	11:19	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Thaler, Eric	10	2016.09.16	17:40	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Thaler, Eric	10	2016.09.22	18:57	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
Thaler, Eric	10	2016.10.01	19:17	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Thaler, Eric	10	2016.10.13	17:44	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Thaler, Eric	10	2016.10.20	17:45	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
Thaler, Eric	10	2016.10.27	17:59	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
Thaler, Eric	10	2016.11.02	18:28	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
Thaler, Eric	11	2017.09.23	20:18	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Thaler, Eric	11	2017.09.29	17:22	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Thaler, Eric	11	2017.10.12	17:59	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Thaler, Eric	11	2017.10.19	18:13	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Thaler, Eric	11	2017.10.26	17:55	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Thaler, Eric	11	2017.11.01	18:52	The Future 7	Ocean County Park, Lakewood, NJ	5k
Thaler, Eric	12	2018.09.08	12:01	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Thaler, Eric	12	2018.09.14	18:32	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Thaler, Eric	12	2018.09.22	19:16	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Thaler, Eric	12	2018.09.28	17:13	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Thaler, Eric	12	2018.10.06	19:37	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Thaler, Eric	12	2018.10.11	13:31	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Thaler, Eric	12	2018.10.18	17:57	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Thaler, Eric	12	2018.10.22	17:43	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Thaler, Eric	12	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Thaler, Eric	12	2018.11.01	17:52	The Future 7	Ocean County Park, Lakewood, NJ	5k





Dillon Van Liew

3rd Year Varsity
Personal Best: 17:28

Athlete	Grade	Date	Time	Meet	Location	Distance
Van Liew, Dillon	10	2016.09.10	12:54	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Van Liew, Dillon	10	2016.09.16	18:23	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Van Liew, Dillon	10	2016.10.01	19:32	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Van Liew, Dillon	10	2016.10.13	18:13	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Van Liew, Dillon	10	2016.10.20	18:03	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
Van Liew, Dillon	10	2016.10.27	18:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
Van Liew, Dillon	10	2016.11.02	19:10	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
Van Liew, Dillon	11	2017.09.09	11:22	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Van Liew, Dillon	11	2017.09.23	19:45	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Van Liew, Dillon	11	2017.10.07	20:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Van Liew, Dillon	11	2017.10.12	17:39	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Van Liew, Dillon	11	2017.10.19	17:49	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Van Liew, Dillon	11	2017.10.26	17:29	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Van Liew, Dillon	11	2017.11.01	17:28	The Future 7	Ocean County Park, Lakewood, NJ	5k
Van Liew, Dillon	12	2018.09.08	13:05	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Van Liew, Dillon	12	2018.09.14	DNF	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Van Liew, Dillon	12	2018.09.28	19:17	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Van Liew, Dillon	12	2018.10.06	21:20	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Van Liew, Dillon	12	2018.10.11	17:09	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Van Liew, Dillon	12	2018.10.18	20:15	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Van Liew, Dillon	12	2018.10.22	18:06	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Van Liew, Dillon	12	2018.10.25	19:38	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Van Liew, Dillon	12	2018.11.01	19:35	The Future 7	Ocean County Park, Lakewood, NJ	5k





Brooks Watson

1st Year Varsity

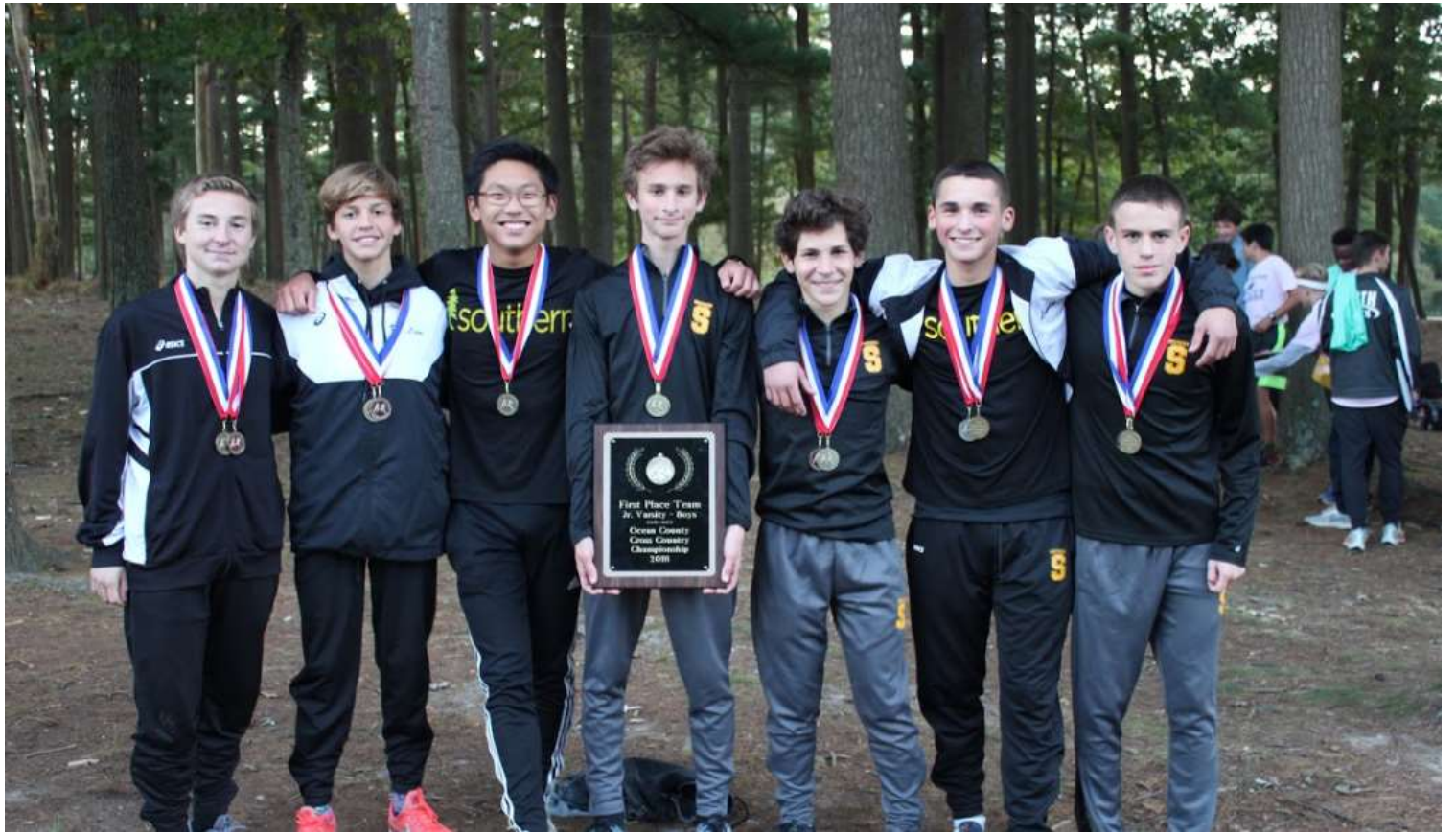
Personal Best: 20:03

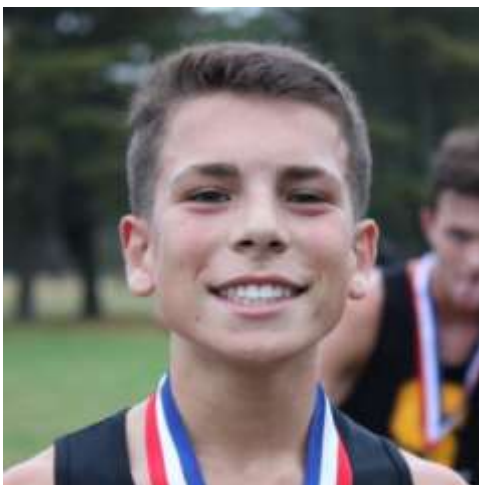
<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Watson, Brooks	9	2015.09.12	14:25	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Watson, Brooks	9	2015.09.18	12:47	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Watson, Brooks	9	2015.10.15	20:30	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Watson, Brooks	9	2015.10.22	12:37	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Watson, Brooks	9	2015.10.29	12:37	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Watson, Brooks	10	2016.09.10	14:08	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Watson, Brooks	10	2016.09.16	21:15	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Watson, Brooks	10	2016.10.01	22:34	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Watson, Brooks	10	2016.10.13	20:26	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Watson, Brooks	10	2016.10.20	20:26	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
Watson, Brooks	10	2016.10.27	22:24	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
Watson, Brooks	10	2016.11.02	21:16	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
Watson, Brooks	11	2017.09.09	12:26	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Watson, Brooks	11	2017.09.15	21:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Watson, Brooks	11	2017.09.29	19:41	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Watson, Brooks	11	2017.10.07	22:55	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Watson, Brooks	11	2017.10.12	20:42	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Watson, Brooks	11	2017.10.19	20:17	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Watson, Brooks	11	2017.10.26	20:25	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Watson, Brooks	11	2017.11.01	20:03	The Future 7	Ocean County Park, Lakewood, NJ	5k
Watson, Brooks	12	2018.09.08	13:36	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Watson, Brooks	12	2018.09.14	20:34	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Watson, Brooks	12	2018.09.28	20:05	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Watson, Brooks	12	2018.10.06	22:31	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Watson, Brooks	12	2018.10.11	16:35	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Watson, Brooks	12	2018.10.18	21:27	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Watson, Brooks	12	2018.10.22	21:07	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Watson, Brooks	12	2018.10.25	21:01	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Watson, Brooks	12	2018.11.01	22:10	The Future 7	Ocean County Park, Lakewood, NJ	5k

CLASS OF 2020

“JUNIORS”







Dean Bates

3rd Year Varsity

Personal Best: 17:02

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Bates, Dean	9	2016.09.10	12:17	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Bates, Dean	9	2016.09.16	18:30	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Bates, Dean	9	2016.10.01	12:43	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
Bates, Dean	9	2016.10.13	18:24	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Bates, Dean	9	2016.10.20	11:04	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Bates, Dean	9	2016.10.27	11:15	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Bates, Dean	9	2016.11.02	19:33	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
Bates, Dean	10	2017.09.23	19:15	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Bates, Dean	10	2017.10.07	18:56	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Bates, Dean	10	2017.10.12	17:18	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Bates, Dean	10	2017.10.19	17:17	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Bates, Dean	10	2017.10.26	17:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Bates, Dean	10	2017.11.04	17:41	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k
Bates, Dean	10	2017.11.11	18:40	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5k
Bates, Dean	11	2018.09.08	11:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Bates, Dean	11	2018.09.14	17:59	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Bates, Dean	11	2018.09.22	19:10	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Bates, Dean	11	2018.10.06	18:34	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Bates, Dean	11	2018.10.11	13:40	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Bates, Dean	11	2018.10.18	17:46	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Bates, Dean	11	2018.10.22	17:24	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Bates, Dean	11	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Bates, Dean	11	2018.11.01	DNR	The Future 7	Ocean County Park, Lakewood, NJ	5k
Bates, Dean	11	2018.11.03	18:20	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k



Colin Boero

3rd Year Varsity

Personal Best: 17:49

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Boero, Colin	9	2016.09.10	12:15	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Boero, Colin	9	2016.09.16	18:16	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Boero, Colin	9	2016.09.22	21:07	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
Boero, Colin	9	2016.10.01	12:24	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
Boero, Colin	9	2016.10.13	17:58	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Boero, Colin	9	2016.10.20	10:48	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Boero, Colin	9	2016.10.27	10:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Boero, Colin	9	2016.11.02	18:21	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
Boero, Colin	10	2017.09.09	11:53	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Boero, Colin	10	2017.10.12	18:38	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Boero, Colin	10	2017.10.19	18:02	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Boero, Colin	10	2017.10.26	17:57	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Boero, Colin	10	2017.11.01	17:49	The Future 7	Ocean County Park, Lakewood, NJ	5k
Boero, Collin	11	2018.09.08	12:33	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Boero, Collin	11	2018.09.14	19:25	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Boero, Collin	11	2018.10.06	DNR	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Boero, Collin	11	2018.10.11	DNR	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Boero, Collin	11	2018.10.18	DNR	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Boero, Collin	11	2018.10.22	DNR	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Boero, Collin	11	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Boero, Collin	11	2018.11.01	DNR	The Future 7	Ocean County Park, Lakewood, NJ	5k



Ryan Davis

1st Year Varsity
Personal Best: 18:30

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Davis, Ryan	9	2016.09.10	14:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Davis, Ryan	9	2016.09.16	13:11	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Davis, Ryan	9	2016.10.01	14:12	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
Davis, Ryan	9	2016.10.13	21:03	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Davis, Ryan	9	2016.10.20	12:46	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Davis, Ryan	9	2016.10.27	12:47	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Davis, Ryan	9	2016.11.02	22:35	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
Davis, Ryan	10	2017.09.09	12:19	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Davis, Ryan	10	2017.09.15	19:40	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Davis, Ryan	10	2017.09.29	18:41	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Davis, Ryan	10	2017.10.07	22:15	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Davis, Ryan	10	2017.10.12	19:14	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Davis, Ryan	10	2017.10.19	19:00	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Davis, Ryan	10	2017.10.26	18:45	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Davis, Ryan	10	2017.11.01	19:00	The Future 7	Ocean County Park, Lakewood, NJ	5k
Davis, Ryan	11	2018.09.08	12:40	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Davis, Ryan	11	2018.09.14	19:46	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Davis, Ryan	11	2018.09.28	18:45	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Davis, Ryan	11	2018.10.06	20:40	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Davis, Ryan	11	2018.10.11	DNR	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Davis, Ryan	11	2018.10.18	18:30	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Davis, Ryan	11	2018.10.22	18:41	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Davis, Ryan	11	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Davis, Ryan	11	2018.11.01	DNF	The Future 7	Ocean County Park, Lakewood, NJ	5k



Conor Durnien

Junior Varsity

Personal Best: 20:26

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Durnien, Conor	10	2017.09.09	14:05	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Durnien, Conor	10	2017.09.15	24:45	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Durnien, Conor	10	2017.09.29	21:06	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Durnien, Conor	10	2017.10.12	22:25	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Durnien, Conor	10	2017.10.19	21:32	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Durnien, Conor	10	2017.10.26	20:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Durnien, Conor	10	2017.11.01	20:50	The Future 7	Ocean County Park, Lakewood, NJ	5k
Durnien, Conor	11	2018.09.08	14:52	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Durnien, Conor	11	2018.09.14	DNR	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Durnien, Conor	11	2018.09.28	DNR	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Durnien, Conor	11	2018.10.06	24:43	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Durnien, Conor	11	2018.10.11	DNR	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Durnien, Conor	11	2018.10.18	DNR	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Durnien, Conor	11	2018.10.22	22:54	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Durnien, Conor	11	2018.10.25	21:12	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Durnien, Conor	11	2018.11.01	23:28	The Future 7	Ocean County Park, Lakewood, NJ	5k



Patrick Goetz
2nd Year Varsity
Personal Best: 18:18

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Goetz, Patrick	10	2017.09.09	12:30	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Goetz, Patrick	10	2017.09.15	19:38	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Goetz, Patrick	10	2017.09.23	21:04	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Goetz, Patrick	10	2017.09.29	18:23	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Goetz, Patrick	10	2017.10.07	21:23	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Goetz, Patrick	10	2017.10.12	18:45	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Goetz, Patrick	10	2017.10.19	DNF	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Goetz, Patrick	10	2017.10.26	18:18	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Goetz, Patrick	10	2017.11.01	18:46	The Future 7	Ocean County Park, Lakewood, NJ	5k
Goetz, Patrick	11	2018.09.08	12:41	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Goetz, Patrick	11	2018.09.14	19:32	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Goetz, Patrick	11	2018.09.28	19:12	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Goetz, Patrick	11	2018.10.06	22:04	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Goetz, Patrick	11	2018.10.11	DNR	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Goetz, Patrick	11	2018.10.18	20:09	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Goetz, Patrick	11	2018.10.22	DNR	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Goetz, Patrick	11	2018.10.25	19:17	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Goetz, Patrick	11	2018.11.01	20:23	The Future 7	Ocean County Park, Lakewood, NJ	5k



Jayant Jani

3rd Year Varsity

Personal Best: 17:15

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Jani, Jayant	9	2016.09.10	12:00	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Jani, Jayant	9	2016.09.16	18:12	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Jani, Jayant	9	2016.09.22	19:39	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
Jani, Jayant	9	2016.10.01	12:36	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
Jani, Jayant	9	2016.10.13	18:08	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Jani, Jayant	9	2016.10.20	11:03	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Jani, Jayant	9	2016.10.27	17:54	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
Jani, Jayant	9	2016.11.02	19:00	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
Jani, Jayant	10	2017.09.09	11:37	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Jani, Jayant	10	2017.09.15	17:49	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Jani, Jayant	10	2017.09.23	19:21	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Jani, Jayant	10	2017.10.07	19:19	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Jani, Jayant	10	2017.10.12	17:42	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Jani, Jayant	10	2017.10.19	17:39	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Jani, Jayant	10	2017.10.26	17:19	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Jani, Jayant	10	2017.11.01	18:14	The Future 7	Ocean County Park, Lakewood, NJ	5k
Jani, Jayant	11	2018.09.08	11:20	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Jani, Jayant	11	2018.09.14	17:37	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Jani, Jayant	11	2018.09.22	19:49	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Jani, Jayant	11	2018.09.28	16:22	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Jani, Jayant	11	2018.10.06	18:05	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Jani, Jayant	11	2018.10.11	13:15	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Jani, Jayant	11	2018.10.18	17:15	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Jani, Jayant	11	2018.10.22	17:21	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Jani, Jayant	11	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Jani, Jayant	11	2018.11.01	DNR	The Future 7	Ocean County Park, Lakewood, NJ	5k
Jani, Jayant	11	2018.11.03	17:44	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k



Dean Klunk

Junior Varsity

Personal Best: 21:10

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Klunk, Dean	10	2017.09.09	14:52	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Klunk, Dean	10	2017.09.15	24:44	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Klunk, Dean	10	2017.09.29	22:09	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Klunk, Dean	10	2017.10.07	27:02	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Klunk, Dean	10	2017.10.12	23:24	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Klunk, Dean	10	2017.10.19	23:46	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Klunk, Dean	10	2017.10.26	23:30	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Klunk, Dean	10	2017.11.01	22:36	The Future 7	Ocean County Park, Lakewood, NJ	5k
Klunk, Dean	11	2018.09.08	14:34	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Klunk, Dean	11	2018.09.14	23:23	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Klunk, Dean	11	2018.09.28	21:20	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Klunk, Dean	11	2018.10.06	23:48	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Klunk, Dean	11	2018.10.11	17:12	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Klunk, Dean	11	2018.10.18	21:46	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Klunk, Dean	11	2018.10.22	23:06	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Klunk, Dean	11	2018.10.25	21:10	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Klunk, Dean	11	2018.11.01	23:09	The Future 7	Ocean County Park, Lakewood, NJ	5k



Ryan LeBelle
2nd Year Varsity
Personal Best: 17:50

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
LaBelle, Ryan	9	2016.09.10	14:24	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
LaBelle, Ryan	9	2016.09.16	12:57	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
LaBelle, Ryan	9	2016.10.01	14:06	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
LaBelle, Ryan	9	2016.10.13	20:29	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
LaBelle, Ryan	9	2016.10.20	12:22	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
LaBelle, Ryan	9	2016.10.27	12:14	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
LaBelle, Ryan	9	2016.11.02	22:01	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
LaBelle, Ryan	10	2017.09.09	12:06	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
LaBelle, Ryan	10	2017.09.15	18:59	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
LaBelle, Ryan	10	2017.09.23	19:56	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
LaBelle, Ryan	10	2017.09.29	17:24	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
LaBelle, Ryan	10	2017.10.07	20:13	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
LaBelle, Ryan	10	2017.10.12	18:11	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
LaBelle, Ryan	10	2017.10.19	17:52	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
LaBelle, Ryan	10	2017.10.26	17:50	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
LaBelle, Ryan	11	2018.09.08	12:44	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
LaBelle, Ryan	11	2018.09.14	20:32	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
LaBelle, Ryan	11	2018.10.06	20:55	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
LaBelle, Ryan	11	2018.10.11	DNR	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
LaBelle, Ryan	11	2018.10.18	DNR	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
LaBelle, Ryan	11	2018.10.22	DNR	A-South Championship	Ocean County Park, Lakewood, NJ	5k
LaBelle, Ryan	11	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
LaBelle, Ryan	11	2018.11.01	20:21	The Future 7	Ocean County Park, Lakewood, NJ	5k

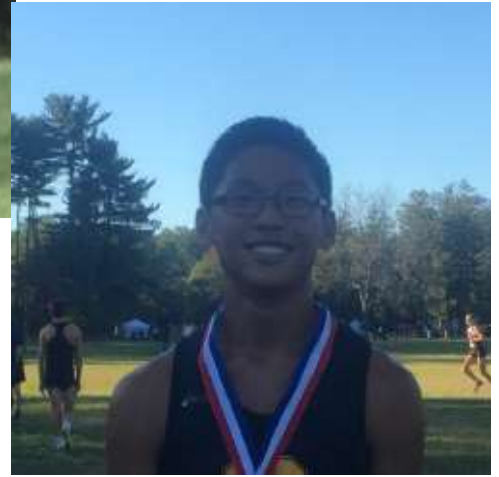


Nicholas Lemley

2nd Year Varsity

Personal Best: 17:11

Athlete	Grade	Date	Time	Meet	Location	Distance
Lemley, Nicholas	9	2016.09.16	11:37	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Lemley, Nicholas	9	2016.10.01	12:40	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
Lemley, Nicholas	9	2016.10.13	19:01	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Lemley, Nicholas	9	2016.10.20	11:09	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Lemley, Nicholas	9	2016.11.02	19:33	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
Lemley, Nicholas	10	2017.09.09	11:29	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Lemley, Nicholas	10	2017.09.15	18:28	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Lemley, Nicholas	10	2017.09.23	19:49	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Lemley, Nicholas	10	2017.09.29	17:02	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Lemley, Nicholas	10	2017.10.07	19:03	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Lemley, Nicholas	10	2017.10.12	17:59	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Lemley, Nicholas	10	2017.10.19	17:50	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Lemley, Nicholas	10	2017.10.26	17:45	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Lemley, Nicholas	10	2017.11.01	17:57	The Future 7	Ocean County Park, Lakewood, NJ	5k
Lemley, Nicholas	11	2018.09.08	11:46	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Lemley, Nicholas	11	2018.09.14	17:34	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Lemley, Nicholas	11	2018.09.22	19:13	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Lemley, Nicholas	11	2018.10.06	18:47	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Lemley, Nicholas	11	2018.10.11	14:09	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Lemley, Nicholas	11	2018.10.18	17:18	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Lemley, Nicholas	11	2018.10.22	17:11	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Lemley, Nicholas	11	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Lemley, Nicholas	11	2018.11.01	DNR	The Future 7	Ocean County Park, Lakewood, NJ	5k
Lemley, Nicholas	11	2018.11.03	19:03	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k



Keoni Lieter

3rd Year Varsity

Personal Best: 16:55

Athlete	Grade	Date	Time	Meet	Location	Distance
Lieter, Keoni	9	2016.09.10	11:31	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Lieter, Keoni	9	2016.10.20	DNF	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Lieter, Keoni	10	2017.09.15	17:59	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Lieter, Keoni	10	2017.09.23	19:01	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Lieter, Keoni	10	2017.10.07	18:58	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
Lieter, Keoni	10	2017.10.12	17:17	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Lieter, Keoni	10	2017.10.19	17:04	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Lieter, Keoni	10	2017.10.26	16:55	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Lieter, Keoni	10	2017.11.04	17:32	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k
Lieter, Keoni	10	2017.11.11	18:21	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5k
Lieter, Keoni	11	2018.09.08	12:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Lieter, Keoni	11	2018.09.14	DNR	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Lieter, Keoni	11	2018.09.22	19:52	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Lieter, Keoni	11	2018.09.28	17:30	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Lieter, Keoni	11	2018.10.06	19:24	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Lieter, Keoni	11	2018.10.11	13:42	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Lieter, Keoni	11	2018.10.18	17:48	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Lieter, Keoni	11	2018.10.22	17:30	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Lieter, Keoni	11	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Lieter, Keoni	11	2018.11.01	DNR	The Future 7	Ocean County Park, Lakewood, NJ	5k
Lieter, Keoni	11	2018.11.03	18:17	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k



Lucas Micciche
Junior Varsity
Personal Best: 21:39

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Micciche, Lucas	11	2018.09.08	DNR	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Micciche, Lucas	11	2018.09.14	DNR	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Micciche, Lucas	11	2018.10.06	DNR	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Micciche, Lucas	11	2018.10.11	18:28	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Micciche, Lucas	11	2018.10.18	DNR	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Micciche, Lucas	11	2018.10.22	23:49	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Micciche, Lucas	11	2018.10.25	21:39	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Micciche, Lucas	11	2018.11.01	22:55	The Future 7	Ocean County Park, Lakewood, NJ	5k



Christian Monterrosa

1st Year Varsity

Personal Best: 22:50

Athlete	Grade	Date	Time	Meet	Location	Distance
Monterrosa, Christian	10	2017.09.09	16:46	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Monterrosa, Christian	10	2017.09.15	26:42	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Monterrosa, Christian	10	2017.09.29	26:21	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Monterrosa, Christian	10	2017.10.12	26:16	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Monterrosa, Christian	10	2017.10.19	25:15	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Monterrosa, Christian	10	2017.11.01	26:00	The Future 7	Ocean County Park, Lakewood, NJ	5k
Monterrosa Christian	11	2018.09.08	17:36	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Monterrosa Christian	11	2018.09.14	DNF	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Monterrosa Christian	11	2018.09.28	22:50	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Monterrosa Christian	11	2018.10.06	25:34	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Monterrosa Christian	11	2018.10.11	DNR	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Monterrosa Christian	11	2018.10.18	DNF	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Monterrosa Christian	11	2018.10.22	DNR	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Monterrosa Christian	11	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Monterrosa Christian	11	2018.11.01	26:11	The Future 7	Ocean County Park, Lakewood, NJ	5k



Ryan Ott
2nd Year Varsity
Personal Best: 17:54

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Ott, Ryan	9	2016.09.10	12:48	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Ott, Ryan	9	2016.09.16	11:47	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Ott, Ryan	9	2016.10.13	19:41	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Ott, Ryan	9	2016.10.20	12:05	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Ott, Ryan	9	2016.10.27	11:59	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Ott, Ryan	9	2016.11.02	20:19	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5k
Ott, Ryan	10	2017.09.09	11:58	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Ott, Ryan	10	2017.09.15	19:08	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Ott, Ryan	10	2017.09.29	17:39	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Ott, Ryan	10	2017.10.07	20:50	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Ott, Ryan	10	2017.10.12	18:54	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Ott, Ryan	10	2017.10.19	18:07	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Ott, Ryan	10	2017.10.26	18:09	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Ott, Ryan	10	2017.11.01	17:54	The Future 7	Ocean County Park, Lakewood, NJ	5k
Ott, Ryan	11	2018.09.08	12:19	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Ott, Ryan	11	2018.09.14	DNR	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Ott, Ryan	11	2018.09.28	18:11	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Ott, Ryan	11	2018.10.06	DNF	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Ott, Ryan	11	2018.10.11	DNR	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Ott, Ryan	11	2018.10.18	18:28	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Ott, Ryan	11	2018.10.22	18:11	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Ott, Ryan	11	2018.10.25	18:29	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Ott, Ryan	11	2018.11.01	18:29	The Future 7	Ocean County Park, Lakewood, NJ	5k



Alexander Reck

2nd Year Varsity
Personal Best: 18:07

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Reck, Alexander	9	2016.09.10	13:51	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Reck, Alexander	9	2016.09.16	12:18	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Reck, Alexander	10	2017.09.09	12:39	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Reck, Alexander	10	2017.10.12	20:28	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Reck, Alexander	10	2017.10.19	19:47	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Reck, Alexander	10	2017.10.26	18:07	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Reck, Alexander	10	2017.11.01	18:43	The Future 7	Ocean County Park, Lakewood, NJ	5k
Reck, Alexander	11	2018.09.08	12:29	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Reck, Alexander	11	2018.09.14	18:54	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Reck, Alexander	11	2018.09.22	19:21	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Reck, Alexander	11	2018.09.28	17:09	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Reck, Alexander	11	2018.10.06	DNR	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Reck, Alexander	11	2018.10.11	DNR	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Reck, Alexander	11	2018.10.18	DNR	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Reck, Alexander	11	2018.10.22	DNR	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Reck, Alexander	11	2018.10.25	18:22	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Reck, Alexander	11	2018.11.01	DNR	The Future 7	Ocean County Park, Lakewood, NJ	5k

CLASS OF 2021
“SOPHOMORES”





Dylan Bates

2nd Year Varsity
Personal Best: 17:27

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Bates, Dylan	9	2017.09.09	11:14	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Bates, Dylan	9	2017.09.15	11:25	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Bates, Dylan	9	2017.09.23	10:49	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
Bates, Dylan	9	2017.09.29	07:58	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Bates, Dylan	9	2017.10.07	12:27	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Bates, Dylan	9	2017.10.12	18:22	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Bates, Dylan	9	2017.10.19	11:16	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Bates, Dylan	9	2017.10.26	10:58	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Bates, Dylan	9	2017.11.01	18:54	The Future 7	Ocean County Park, Lakewood, NJ	5k
Bates, Dylan	10	2018.09.08	11:12	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Bates, Dylan	10	2018.09.14	17:59	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Bates, Dylan	10	2018.09.22	19:11	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Bates, Dylan	10	2018.10.06	18:45	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Bates, Dylan	10	2018.10.11	13:30	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Bates, Dylan	10	2018.10.18	18:00	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Bates, Dylan	10	2018.10.22	17:27	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Bates, Dylan	10	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Bates, Dylan	10	2018.11.01	DNR	The Future 7	Ocean County Park, Lakewood, NJ	5k
Bates, Dylan	10	2018.11.03	18:05	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k



Jackson Braddock

2nd Year Varsity
 Personal Best: 16:17

Athlete	Grade	Date	Time	Meet	Location	Distance
Braddock, Jackson	9	2017.09.09	10:34	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Braddock, Jackson	9	2017.09.15	10:24	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Braddock, Jackson	9	2017.09.23	10:01	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
Braddock, Jackson	9	2017.09.29	07:25	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Braddock, Jackson	9	2017.10.07	11:26	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Braddock, Jackson	9	2017.10.12	16:25	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Braddock, Jackson	9	2017.10.19	16:35	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Braddock, Jackson	9	2017.10.26	10:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Braddock, Jackson	9	2017.11.04	16:52	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k
Braddock, Jackson	9	2017.11.11	18:10	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5k
Braddock, Jackson	10	2018.09.08	DNR	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Braddock, Jackson	10	2018.09.14	DNR	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Braddock, Jackson	10	2018.10.06	DNR	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Braddock, Jackson	10	2018.10.11	13:04	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Braddock, Jackson	10	2018.10.18	16:17	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Braddock, Jackson	10	2018.10.22	17:37	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Braddock, Jackson	10	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k



Michael Chanda

2nd Year Varsity

Personal Best: 17:04

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Chanda, Michael	9	2017.09.09	11:04	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Chanda, Michael	9	2017.09.15	10:54	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Chanda, Michael	9	2017.09.23	10:30	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
Chanda, Michael	9	2017.09.29	07:48	CBA Frosh/IV Dual	CBA, Lincroft, NJ	1.5 Miles
Chanda, Michael	9	2017.10.07	11:57	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Chanda, Michael	9	2017.10.12	17:28	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Chanda, Michael	9	2017.10.19	10:40	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Chanda, Michael	9	2017.10.26	10:32	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Chanda, Michael	9	2017.11.01	17:23	The Future 7	Ocean County Park, Lakewood, NJ	5k
Chanda, Michael	10	2018.09.08	10:59	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Chanda, Michael	10	2018.09.14	17:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Chanda, Michael	10	2018.09.22	18:32	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Chanda, Michael	10	2018.10.06	DNR	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Chanda, Michael	10	2018.10.11	DNF	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Chanda, Michael	10	2018.10.18	DNF	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Chanda, Michael	10	2018.10.22	DNR	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Chanda, Michael	10	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k



Nunzio D'Amelio

1st Year Varsity
Personal Best: 18:20

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
D'Amelio, Nunzio	9	2017.09.09	13:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
D'Amelio, Nunzio	9	2017.09.15	12:35	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
D'Amelio, Nunzio	9	2017.09.29	09:20	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
D'Amelio, Nunzio	9	2017.10.07	14:13	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
D'Amelio, Nunzio	9	2017.10.12	20:15	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
D'Amelio, Nunzio	9	2017.10.19	12:14	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
D'Amelio, Nunzio	9	2017.10.26	12:19	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
D'Amelio, Nunzio	9	2017.11.01	20:00	The Future 7	Ocean County Park, Lakewood, NJ	5k
D'Amelio, Nunzio	10	2018.09.08	13:06	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
D'Amelio, Nunzio	10	2018.09.14	20:09	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
D'Amelio, Nunzio	10	2018.09.28	19:37	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
D'Amelio, Nunzio	10	2018.10.06	20:20	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
D'Amelio, Nunzio	10	2018.10.11	14:58	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
D'Amelio, Nunzio	10	2018.10.18	18:40	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
D'Amelio, Nunzio	10	2018.10.22	19:00	A-South Championship	Ocean County Park, Lakewood, NJ	5k
D'Amelio, Nunzio	10	2018.10.25	18:20	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
D'Amelio, Nunzio	10	2018.11.01	19:10	The Future 7	Ocean County Park, Lakewood, NJ	5k



Kevin DeHart

Junior Varsity

Personal Best: 20:09

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
DeHart, Kevin	9	2017.09.09	12:28	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
DeHart, Kevin	9	2017.09.15	12:00	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
DeHart, Kevin	10	2018.09.08	14:50	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
DeHart, Kevin	10	2018.09.14	23:20	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
DeHart, Kevin	10	2018.09.28	21:36	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
DeHart, Kevin	10	2018.10.06	22:44	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
DeHart, Kevin	10	2018.10.11	16:37	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
DeHart, Kevin	10	2018.10.18	20:45	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
DeHart, Kevin	10	2018.10.22	20:15	A-South Championship	Ocean County Park, Lakewood, NJ	5k
DeHart, Kevin	10	2018.10.25	20:09	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
DeHart, Kevin	10	2018.11.01	20:16	The Future 7	Ocean County Park, Lakewood, NJ	5k



Nicholas Desiderio

Junior Varsity

Personal Best: 18:43

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Desiderio, Nicholas	9	2017.09.09	13:05	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Desiderio, Nicholas	9	2017.09.15	12:30	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Desiderio, Nicholas	9	2017.09.29	08:57	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Desiderio, Nicholas	9	2017.10.07	13:34	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Desiderio, Nicholas	9	2017.10.12	19:25	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Desiderio, Nicholas	9	2017.10.19	11:50	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Desiderio, Nicholas	9	2017.10.26	11:44	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Desiderio, Nicholas	9	2017.11.01	19:54	The Future 7	Ocean County Park, Lakewood, NJ	5k
Desiderio, Nicholas	10	2018.09.08	12:28	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Desiderio, Nicholas	10	2018.09.14	19:44	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Desiderio, Nicholas	10	2018.09.28	18:48	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Desiderio, Nicholas	10	2018.10.06	21:40	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Desiderio, Nicholas	10	2018.10.11	DNR	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Desiderio, Nicholas	10	2018.10.18	19:10	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Desiderio, Nicholas	10	2018.10.22	19:36	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Desiderio, Nicholas	10	2018.10.25	18:43	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Desiderio, Nicholas	10	2018.11.01	DNR	The Future 7	Ocean County Park, Lakewood, NJ	5k



Aaron Gnagey
1st Year Varsity
Personal Best: 18:26

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Gnagey, Aaron	10	2018.09.08	12:28	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Gnagey, Aaron	10	2018.09.14	19:30	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Gnagey, Aaron	10	2018.09.28	19:21	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Gnagey, Aaron	10	2018.10.06	20:20	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Gnagey, Aaron	10	2018.10.11	15:10	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Gnagey, Aaron	10	2018.10.18	18:36	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Gnagey, Aaron	10	2018.10.22	DNF	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Gnagey, Aaron	10	2018.10.25	18:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Gnagey, Aaron	10	2018.11.01	DNR	The Future 7	Ocean County Park, Lakewood, NJ	5k



Nicholas Guzewicz
1st Year Varsity
Personal Best: 17:39

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Guzewicz, Nicholas	10	2018.09.08	11:45	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Guzewicz, Nicholas	10	2018.09.14	18:32	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Guzewicz, Nicholas	10	2018.09.22	20:10	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Guzewicz, Nicholas	10	2018.09.28	17:57	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Guzewicz, Nicholas	10	2018.10.06	19:03	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Guzewicz, Nicholas	10	2018.10.11	14:29	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Guzewicz, Nicholas	10	2018.10.18	18:04	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Guzewicz, Nicholas	10	2018.10.22	18:00	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Guzewicz, Nicholas	10	2018.10.25	17:39	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Guzewicz, Nicholas	10	2018.11.01	18:31	The Future 7	Ocean County Park, Lakewood, NJ	5k



Jonathan “JT” Hille

Junior Varsity

Personal Best: 18:45

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Hille, Jonathan	9	2017.09.09	12:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Hille, Jonathan	9	2017.09.15	11:38	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Hille, Jonathan	9	2017.09.29	08:23	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Hille, Jonathan	9	2017.10.07	13:09	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Hille, Jonathan	9	2017.10.12	18:55	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Hille, Jonathan	9	2017.10.19	11:15	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Hille, Jonathan	9	2017.10.26	11:12	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Hille, Jonathan	9	2017.11.01	19:50	The Future 7	Ocean County Park, Lakewood, NJ	5k
Hille, Jonathan	10	2018.09.08	14:22	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Hille, Jonathan	10	2018.09.14	20:34	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Hille, Jonathan	10	2018.09.28	19:03	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Hille, Jonathan	10	2018.10.06	22:35	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Hille, Jonathan	10	2018.10.11	16:20	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Hille, Jonathan	10	2018.10.18	20:36	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Hille, Jonathan	10	2018.10.22	18:51	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Hille, Jonathan	10	2018.10.25	18:45	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Hille, Jonathan	10	2018.11.01	19:18	The Future 7	Ocean County Park, Lakewood, NJ	5k



Brian Kilcommons

Junior Varsity

Personal Best: 18:43

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Kilcommons, Brian	9	2017.09.09	13:15	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Kilcommons, Brian	9	2017.09.15	12:24	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Kilcommons, Brian	9	2017.09.29	08:57	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Kilcommons, Brian	9	2017.10.07	13:42	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Kilcommons, Brian	9	2017.10.12	19:56	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Kilcommons, Brian	9	2017.10.19	11:54	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Kilcommons, Brian	9	2017.10.26	11:27	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Kilcommons, Brian	9	2017.11.01	19:09	The Future 7	Ocean County Park, Lakewood, NJ	5k
Kilcommons, Brian	10	2018.09.08	12:52	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Kilcommons, Brian	10	2018.09.14	20:48	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Kilcommons, Brian	10	2018.09.28	19:13	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Kilcommons, Brian	10	2018.10.06	20:42	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Kilcommons, Brian	10	2018.10.11	15:51	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Kilcommons, Brian	10	2018.10.18	19:19	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Kilcommons, Brian	10	2018.10.22	19:10	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Kilcommons, Brian	10	2018.10.25	18:43	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Kilcommons, Brian	10	2018.11.01	19:18	The Future 7	Ocean County Park, Lakewood, NJ	5k



John Mastandrea

2nd Year Varsity
Personal Best: 17:49

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Mastandrea, John	9	2017.09.09	11:33	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Mastandrea, John	9	2017.09.15	11:20	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Mastandrea, John	9	2017.09.23	10:39	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
Mastandrea, John	9	2017.09.29	08:00	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Mastandrea, John	9	2017.10.07	12:28	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Mastandrea, John	9	2017.10.12	19:24	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Mastandrea, John	9	2017.11.01	18:46	The Future 7	Ocean County Park, Lakewood, NJ	5k
Mastandrea, John	10	2018.09.08	11:45	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Mastandrea, John	10	2018.09.14	18:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Mastandrea, John	10	2018.09.22	18:56	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Mastandrea, John	10	2018.09.28	17:39	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Mastandrea, John	10	2018.10.06	18:29	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Mastandrea, John	10	2018.10.11	14:20	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Mastandrea, John	10	2018.10.18	17:49	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Mastandrea, John	10	2018.10.22	17:57	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Mastandrea, John	10	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Mastandrea, John	10	2018.11.01	18:27	The Future 7	Ocean County Park, Lakewood, NJ	5k



Thomas Olkowski

1st Year Varsity
Personal Best: 18:26

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Olkowski, Thomas	9	2017.09.09	12:35	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Olkowski, Thomas	9	2017.09.15	12:11	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Olkowski, Thomas	9	2017.09.29	08:34	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Olkowski, Thomas	9	2017.10.07	13:28	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Olkowski, Thomas	9	2017.10.12	19:24	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Olkowski, Thomas	9	2017.10.19	11:45	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Olkowski, Thomas	9	2017.10.26	11:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Olkowski, Thomas	9	2017.11.01	18:56	The Future 7	Ocean County Park, Lakewood, NJ	5k
Olkowski, Thomas	10	2018.09.08	12:19	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Olkowski, Thomas	10	2018.09.14	19:18	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Olkowski, Thomas	10	2018.09.28	18:30	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Olkowski, Thomas	10	2018.10.06	19:59	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Olkowski, Thomas	10	2018.10.11	15:06	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Olkowski, Thomas	10	2018.10.18	18:26	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Olkowski, Thomas	10	2018.10.22	19:07	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Olkowski, Thomas	10	2018.10.25	18:46	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Olkowski, Thomas	10	2018.11.01	20:22	The Future 7	Ocean County Park, Lakewood, NJ	5k



Braden Pelusio

Junior Varsity

Personal Best: 18:46

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Pelusio, Braden	9	2017.09.09	13:04	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Pelusio, Braden	9	2017.09.15	12:54	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Pelusio, Braden	9	2017.09.29	08:58	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Pelusio, Braden	9	2017.10.12	19:59	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Pelusio, Braden	9	2017.10.19	12:36	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Pelusio, Braden	9	2017.10.26	12:15	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Pelusio, Braden	9	2017.11.01	20:36	The Future 7	Ocean County Park, Lakewood, NJ	5k
Pelusio, Braden	10	2018.09.08	NT	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Pelusio, Braden	10	2018.09.14	20:42	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Pelusio, Braden	10	2018.09.28	19:27	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Pelusio, Braden	10	2018.10.06	21:42	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Pelusio, Braden	10	2018.10.11	15:59	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Pelusio, Braden	10	2018.10.18	20:01	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Pelusio, Braden	10	2018.10.22	20:07	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Pelusio, Braden	10	2018.10.25	18:46	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Pelusio, Braden	10	2018.11.01	19:48	The Future 7	Ocean County Park, Lakewood, NJ	5k



Nicholas Raylman

Junior Varsity

Personal Best: 21:12

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Raylman, Nicholas	9	2017.09.09	15:05	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Raylman, Nicholas	9	2017.09.15	14:32	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Raylman, Nicholas	9	2017.09.29	10:29	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Raylman, Nicholas	9	2017.10.07	16:04	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Raylman, Nicholas	9	2017.10.12	23:28	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Raylman, Nicholas	9	2017.10.19	13:56	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Raylman, Nicholas	9	2017.10.26	13:56	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Raylman, Nicholas	9	2017.11.01	22:38	The Future 7	Ocean County Park, Lakewood, NJ	5k
Raylman, Nicholas	10	2018.09.08	16:10	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Raylman, Nicholas	10	2018.09.14	24:21	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Raylman, Nicholas	10	2018.09.28	22:19	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Raylman, Nicholas	10	2018.10.06	24:16	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Raylman, Nicholas	10	2018.10.11	19:14	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Raylman, Nicholas	10	2018.10.18	22:02	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Raylman, Nicholas	10	2018.10.22	23:18	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Raylman, Nicholas	10	2018.10.25	21:12	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Raylman, Nicholas	10	2018.11.01	23:04	The Future 7	Ocean County Park, Lakewood, NJ	5k

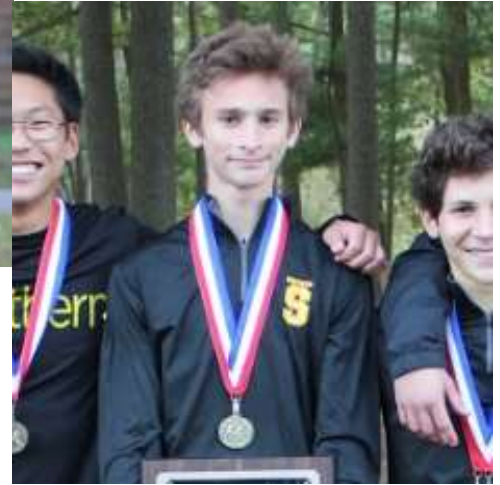


Dominic Sari

Junior Varsity

Personal Best: 19:20

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Sari, Dominic	9	2017.09.09	13:53	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Sari, Dominic	9	2017.09.15	12:57	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Sari, Dominic	9	2017.09.29	09:00	CBA Frosh/IV Dual	CBA, Lincroft, NJ	1.5 Miles
Sari, Dominic	9	2017.10.07	13:38	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Sari, Dominic	9	2017.10.12	19:58	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Sari, Dominic	9	2017.10.19	12:01	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Sari, Dominic	9	2017.10.26	11:47	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Sari, Dominic	9	2017.11.01	19:55	The Future 7	Ocean County Park, Lakewood, NJ	5k
Sari, Dominic	10	2018.09.08	13:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Sari, Dominic	10	2018.09.14	19:40	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Sari, Dominic	10	2018.09.28	19:26	CBA Frosh/IV Dual	CBA, Lincroft, NJ	3 Miles
Sari, Dominic	10	2018.10.06	20:47	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Sari, Dominic	10	2018.10.11	15:59	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Sari, Dominic	10	2018.10.18	20:22	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Sari, Dominic	10	2018.10.22	20:10	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Sari, Dominic	10	2018.10.25	19:20	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Sari, Dominic	10	2018.11.01	19:46	The Future 7	Ocean County Park, Lakewood, NJ	5k



Timothy Sincavage

2nd Year Varsity

Personal Best: 17:06

Athlete	Grade	Date	Time	Meet	Location	Distance
Sincavage, Timothy	9	2017.09.09	11:21	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Sincavage, Timothy	9	2017.09.15	11:14	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Sincavage, Timothy	9	2017.09.23	10:39	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
Sincavage, Timothy	9	2017.09.29	07:53	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Sincavage, Timothy	9	2017.10.07	12:10	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Sincavage, Timothy	9	2017.10.12	17:44	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Sincavage, Timothy	9	2017.10.19	10:41	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Sincavage, Timothy	9	2017.10.26	10:33	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Sincavage, Timothy	9	2017.11.01	17:45	The Future 7	Ocean County Park, Lakewood, NJ	5k
Sincavage, Timothy	10	2018.09.08	11:31	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Sincavage, Timothy	10	2018.09.14	17:57	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Sincavage, Timothy	10	2018.09.22	19:21	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Sincavage, Timothy	10	2018.09.28	16:52	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Sincavage, Timothy	10	2018.10.06	18:35	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Sincavage, Timothy	10	2018.10.11	14:10	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Sincavage, Timothy	10	2018.10.18	17:06	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Sincavage, Timothy	10	2018.10.22	17:50	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Sincavage, Timothy	10	2018.10.25	DNR	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Sincavage, Timothy	10	2018.11.01	DNR	The Future 7	Ocean County Park, Lakewood, NJ	5k
Sincavage, Timothy	10	2018.11.03	17:32	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5k



Jaden Sirisky
Junior Varsity
Personal Best: 23:12

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Sirisky, Jaden	9	2017.09.09	15:34	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Sirisky, Jaden	9	2017.09.15	15:20	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Sirisky, Jaden	9	2017.10.07	18:05	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Sirisky, Jaden	9	2017.10.12	25:08	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Sirisky, Jaden	9	2017.10.19	14:43	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Sirisky, Jaden	9	2017.11.01	24:09	The Future 7	Ocean County Park, Lakewood, NJ	5k
Sirisky, Jaden	10	2018.09.08	16:53	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Sirisky, Jaden	10	2018.09.14	24:35	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Sirisky, Jaden	10	2018.09.28	23:02	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Sirisky, Jaden	10	2018.10.06	25:34	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Sirisky, Jaden	10	2018.10.11	20:29	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Sirisky, Jaden	10	2018.10.18	23:46	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Sirisky, Jaden	10	2018.10.22	23:59	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Sirisky, Jaden	10	2018.10.25	23:12	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Sirisky, Jaden	10	2018.11.01	25:24	The Future 7	Ocean County Park, Lakewood, NJ	5k



Logan Van Liew

2nd Year Varsity
Personal Best: 17:40

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Van Liew, Logan	9	2017.09.09	12:40	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Van Liew, Logan	9	2017.09.15	12:14	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Van Liew, Logan	9	2017.09.29	08:21	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Van Liew, Logan	9	2017.10.07	12:36	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Van Liew, Logan	9	2017.10.12	18:02	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
Van Liew, Logan	9	2017.10.19	10:58	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Van Liew, Logan	9	2017.10.26	10:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Van Liew, Logan	9	2017.11.01	18:08	The Future 7	Ocean County Park, Lakewood, NJ	5k
Van Liew, Logan	10	2018.09.08	12:21	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Van Liew, Logan	10	2018.09.14	18:56	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
Van Liew, Logan	10	2018.09.22	20:02	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
Van Liew, Logan	10	2018.09.28	18:04	CBA Frosh/JV Dual	CBA, Lincroft, NJ	3 Miles
Van Liew, Logan	10	2018.10.06	DNR	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
Van Liew, Logan	10	2018.10.11	DNR	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Van Liew, Logan	10	2018.10.18	17:40	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
Van Liew, Logan	10	2018.10.22	19:03	A-South Championship	Ocean County Park, Lakewood, NJ	5k
Van Liew, Logan	10	2018.10.25	17:46	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
Van Liew, Logan	10	2018.11.01	17:53	The Future 7	Ocean County Park, Lakewood, NJ	5k

CLASS OF 2022

“FRESHMEN”







Adams, Jeremy
Junior Varsity
Personal Best: 25:29

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Adams, Jeremy	9	2018.09.08	18:44	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Adams, Jeremy	9	2018.09.14	17:11	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Adams, Jeremy	9	2018.09.28	11:54	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Adams, Jeremy	9	2018.10.06	18:08	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Adams, Jeremy	9	2018.10.11	20:51	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Adams, Jeremy	9	2018.10.18	15:46	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Adams, Jeremy	9	2018.10.25	15:31	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Adams, Jeremy	9	2018.11.01	25:29	The Future 7	Ocean County Park, Lakewood, NJ	5k



Bates, Gavin
1st Year Varsity
Personal Best: 25:29

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Bates, Gavin	9	2018.09.08	11:42	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Bates, Gavin	9	2018.09.14	11:22	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Bates, Gavin	9	2018.09.22	10:50	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
Bates, Gavin	9	2018.09.28	08:03	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Bates, Gavin	9	2018.10.06	12:10	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Bates, Gavin	9	2018.10.11	15:15	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Bates, Gavin	9	2018.10.18	11:35	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Bates, Gavin	9	2018.10.25	11:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Bates, Gavin	9	2018.11.01	18:34	The Future 7	Ocean County Park, Lakewood, NJ	5k



Bischoff, Kellen
Junior Varsity
Personal Best: 21:44

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Bischoff, Kellen	9	2018.09.08	14:41	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Bischoff, Kellen	9	2018.09.14	12:44	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Bischoff, Kellen	9	2018.09.28	09:15	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Bischoff, Kellen	9	2018.10.06	15:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Bischoff, Kellen	9	2018.10.11	17:23	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Bischoff, Kellen	9	2018.10.18	13:42	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Bischoff, Kellen	9	2018.10.25	13:32	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Bischoff, Kellen	9	2018.11.01	21:44	The Future 7	Ocean County Park, Lakewood, NJ	5k



Bischoff, Nathaniel
Junior Varsity
Personal Best: 20:03

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Bischoff, Nathan	9	2018.09.08	13:20	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Bischoff, Nathan	9	2018.09.14	12:33	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Bischoff, Nathan	9	2018.09.28	10:32	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Bischoff, Nathan	9	2018.10.06	13:46	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Bischoff, Nathan	9	2018.10.11	16:40	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Bischoff, Nathan	9	2018.10.18	13:00	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Bischoff, Nathan	9	2018.10.25	12:30	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Bischoff, Nathan	9	2018.11.01	20:03	The Future 7	Ocean County Park, Lakewood, NJ	5k



Calsyn, Aidan
Junior Varsity
Personal Best: 19:04

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Calsyn, Aidan	9	2018.09.08	12:34	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Calsyn, Aidan	9	2018.09.14	11:58	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Calsyn, Aidan	9	2018.09.28	08:43	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Calsyn, Aidan	9	2018.10.06	13:04	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Calsyn, Aidan	9	2018.10.11	15:20	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Calsyn, Aidan	9	2018.10.18	12:22	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Calsyn, Aidan	9	2018.10.25	12:00	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Calsyn, Aidan	9	2018.11.01	19:04	The Future 7	Ocean County Park, Lakewood, NJ	5k



Cruz-Bravo, Javier
Junior Varsity
Personal Best: 22:47

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Cruz-Bravo, Javier	9	2018.09.08	15:07	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Cruz-Bravo, Javier	9	2018.09.14	13:17	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Cruz-Bravo, Javier	9	2018.09.28	09:48	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Cruz-Bravo, Javier	9	2018.10.06	15:10	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Cruz-Bravo, Javier	9	2018.10.11	18:26	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Cruz-Bravo, Javier	9	2018.10.18	13:46	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Cruz-Bravo, Javier	9	2018.10.25	13:51	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Cruz-Bravo, Javier	9	2018.11.01	22:47	The Future 7	Ocean County Park, Lakewood, NJ	5k



Harrison, Jake
1st Year Varsity
Personal Best: 18:35

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Harrison, Jake	9	2018.09.08	11:50	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Harrison, Jake	9	2018.09.14	11:19	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Harrison, Jake	9	2018.09.22	11:06	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
Harrison, Jake	9	2018.09.28	08:27	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Harrison, Jake	9	2018.10.06	12:49	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Harrison, Jake	9	2018.10.11	14:47	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Harrison, Jake	9	2018.10.18	12:04	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Harrison, Jake	9	2018.10.25	11:36	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Harrison, Jake	9	2018.11.01	18:35	The Future 7	Ocean County Park, Lakewood, NJ	5k



Keyes, Mikey
1st Year Varsity
Personal Best: 20:22

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Keyes, Mikey	9	2018.09.08	11:56	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Keyes, Mikey	9	2018.09.14	11:59	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Keyes, Mikey	9	2018.09.22	11:19	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
Keyes, Mikey	9	2018.09.28	08:20	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Keyes, Mikey	9	2018.10.06	12:31	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Keyes, Mikey	9	2018.10.11	20:41	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Keyes, Mikey	9	2018.10.18	11:53	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Keyes, Mikey	9	2018.10.25	11:43	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Keyes, Mikey	9	2018.11.01	20:22	The Future 7	Ocean County Park, Lakewood, NJ	5k



Lum, Gavin
Junior Varsity
Personal Best: 19:28

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Lum, Gavin	9	2018.09.08	13:44	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Lum, Gavin	9	2018.09.14	12:36	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Lum, Gavin	9	2018.09.28	08:45	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Lum, Gavin	9	2018.10.06	13:27	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Lum, Gavin	9	2018.10.11	16:34	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Lum, Gavin	9	2018.10.18	12:23	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Lum, Gavin	9	2018.10.25	12:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Lum, Gavin	9	2018.11.01	19:28	The Future 7	Ocean County Park, Lakewood, NJ	5k



Manzella, Kai
Junior Varsity
Personal Best: 19:43

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Manzella, Kai	9	2018.09.08	12:49	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Manzella, Kai	9	2018.09.14	12:31	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Manzella, Kai	9	2018.09.28	08:45	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Manzella, Kai	9	2018.10.06	13:15	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Manzella, Kai	9	2018.10.11	16:17	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Manzella, Kai	9	2018.10.18	12:49	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Manzella, Kai	9	2018.10.25	12:37	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Manzella, Kai	9	2018.11.01	19:43	The Future 7	Ocean County Park, Lakewood, NJ	5k



Mathews, Jack

1st Year Varsity

Personal Best: 18:36

Athlete	Grade	Date	Time	Meet	Location	Distance
Mathews, Jack	9	2018.09.08	11:57	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Mathews, Jack	9	2018.09.14	11:33	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Mathews, Jack	9	2018.09.22	DQ	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
Mathews, Jack	9	2018.09.28	08:19	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Mathews, Jack	9	2018.10.06	DNR	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Mathews, Jack	9	2018.10.11	15:28	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Mathews, Jack	9	2018.10.18	12:11	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Mathews, Jack	9	2018.10.25	11:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Mathews, Jack	9	2018.11.01	18:36	The Future 7	Ocean County Park, Lakewood, NJ	5k



McKenna, Daniel

1st Year Varsity

Personal Best: 18:36

Athlete	Grade	Date	Time	Meet	Location	Distance
McKenna, Daniel	9	2018.09.08	12:51	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
McKenna, Daniel	9	2018.09.14	12:31	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
McKenna, Daniel	9	2018.09.28	DNR	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
McKenna, Daniel	9	2018.10.06	12:56	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
McKenna, Daniel	9	2018.10.11	DNR	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
McKenna, Daniel	9	2018.10.18	12:11	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
McKenna, Daniel	9	2018.10.25	11:58	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
McKenna, Daniel	9	2018.11.01	18:36	The Future 7	Ocean County Park, Lakewood, NJ	5k



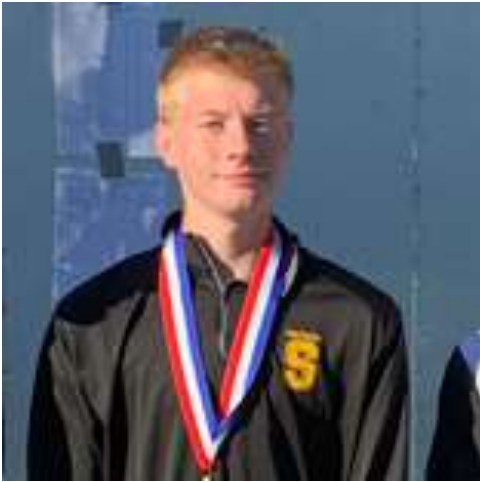
Paco, David
Junior Varsity
Personal Best: N/A

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Paco, David	9	2018.09.08	16:03	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Paco, David	9	2018.09.14	14:55	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Paco, David	9	2018.09.28	10:58	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Paco, David	9	2018.10.06	15:52	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Paco, David	9	2018.10.11	20:31	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Paco, David	9	2018.10.18	14:28	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Paco, David	9	2018.10.25	13:59	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Paco, David	9	2018.11.01	DNR	The Future 7	Ocean County Park, Lakewood, NJ	5k



Pizar, Jack
Junior Varsity
Personal Best: 20:35

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Pizar, Jack	9	2018.09.08	14:39	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Pizar, Jack	9	2018.09.14	12:52	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Pizar, Jack	9	2018.09.28	09:26	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Pizar, Jack	9	2018.10.06	14:02	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Pizar, Jack	9	2018.10.11	16:58	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Pizar, Jack	9	2018.10.18	13:04	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Pizar, Jack	9	2018.10.25	12:32	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Pizar, Jack	9	2018.11.01	20:35	The Future 7	Ocean County Park, Lakewood, NJ	5k



Reese, Baylor
1st Year Varsity
Personal Best: N/A

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Reese, Baylor	9	2018.09.08	12:35	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Reese, Baylor	9	2018.09.14	11:33	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Reese, Baylor	9	2018.09.22	10:57	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
Reese, Baylor	9	2018.09.28	08:20	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Reese, Baylor	9	2018.10.06	12:25	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Reese, Baylor	9	2018.10.11	15:12	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Reese, Baylor	9	2018.10.18	11:50	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Reese, Baylor	9	2018.10.25	11:36	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Reese, Baylor	9	2018.11.01	DNR	The Future 7	Ocean County Park, Lakewood, NJ	5k



Sininsky, Ryan
1st Year Varsity
Personal Best: 19:40

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Sininsky, Ryan	9	2018.09.08	11:56	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Sininsky, Ryan	9	2018.09.14	11:29	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Sininsky, Ryan	9	2018.09.22	10:54	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
Sininsky, Ryan	9	2018.09.28	08:01	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Sininsky, Ryan	9	2018.10.06	12:12	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Sininsky, Ryan	9	2018.10.11	14:37	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Sininsky, Ryan	9	2018.10.18	11:49	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Sininsky, Ryan	9	2018.10.25	11:56	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Sininsky, Ryan	9	2018.11.01	19:40	The Future 7	Ocean County Park, Lakewood, NJ	5k



Sininsky, Tyler
1st Year Varsity
Personal Best: 18:44

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Sininsky, Tyler	9	2018.09.08	12:34	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Sininsky, Tyler	9	2018.09.14	11:31	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Sininsky, Tyler	9	2018.09.22	10:55	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	3k
Sininsky, Tyler	9	2018.09.28	08:13	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Sininsky, Tyler	9	2018.10.06	12:15	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Sininsky, Tyler	9	2018.10.11	14:19	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Sininsky, Tyler	9	2018.10.18	11:55	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Sininsky, Tyler	9	2018.10.25	11:47	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Sininsky, Tyler	9	2018.11.01	18:44	The Future 7	Ocean County Park, Lakewood, NJ	5k



Smith, Josh
Junior Varsity
Personal Best: 20:05

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Smith, Josh	9	2018.09.08	13:33	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Smith, Josh	9	2018.09.14	12:40	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Smith, Josh	9	2018.09.28	09:22	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Smith, Josh	9	2018.10.06	13:50	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Smith, Josh	9	2018.10.11	DNR	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Smith, Josh	9	2018.10.18	13:33	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Smith, Josh	9	2018.10.25	12:56	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Smith, Josh	9	2018.11.01	20:05	The Future 7	Ocean County Park, Lakewood, NJ	5k



Stefanski, Davis
Junior Varsity
Personal Best: 26:54

<u>Athlete</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
Stefanski, Davis	9	2018.09.08	20:31	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
Stefanski, Davis	9	2018.09.14	17:21	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
Stefanski, Davis	9	2018.09.28	11:57	CBA Frosh/JV Dual	CBA, Lincroft, NJ	1.5 Miles
Stefanski, Davis	9	2018.10.06	18:33	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
Stefanski, Davis	9	2018.10.11	22:11	Southern Road Race	Southern Regional, Manahawkin, NJ	2.5 Miles
Stefanski, Davis	9	2018.10.18	DNR	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
Stefanski, Davis	9	2018.10.25	15:34	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
Stefanski, Davis	9	2018.11.01	26:54	The Future 7	Ocean County Park, Lakewood, NJ	5k





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